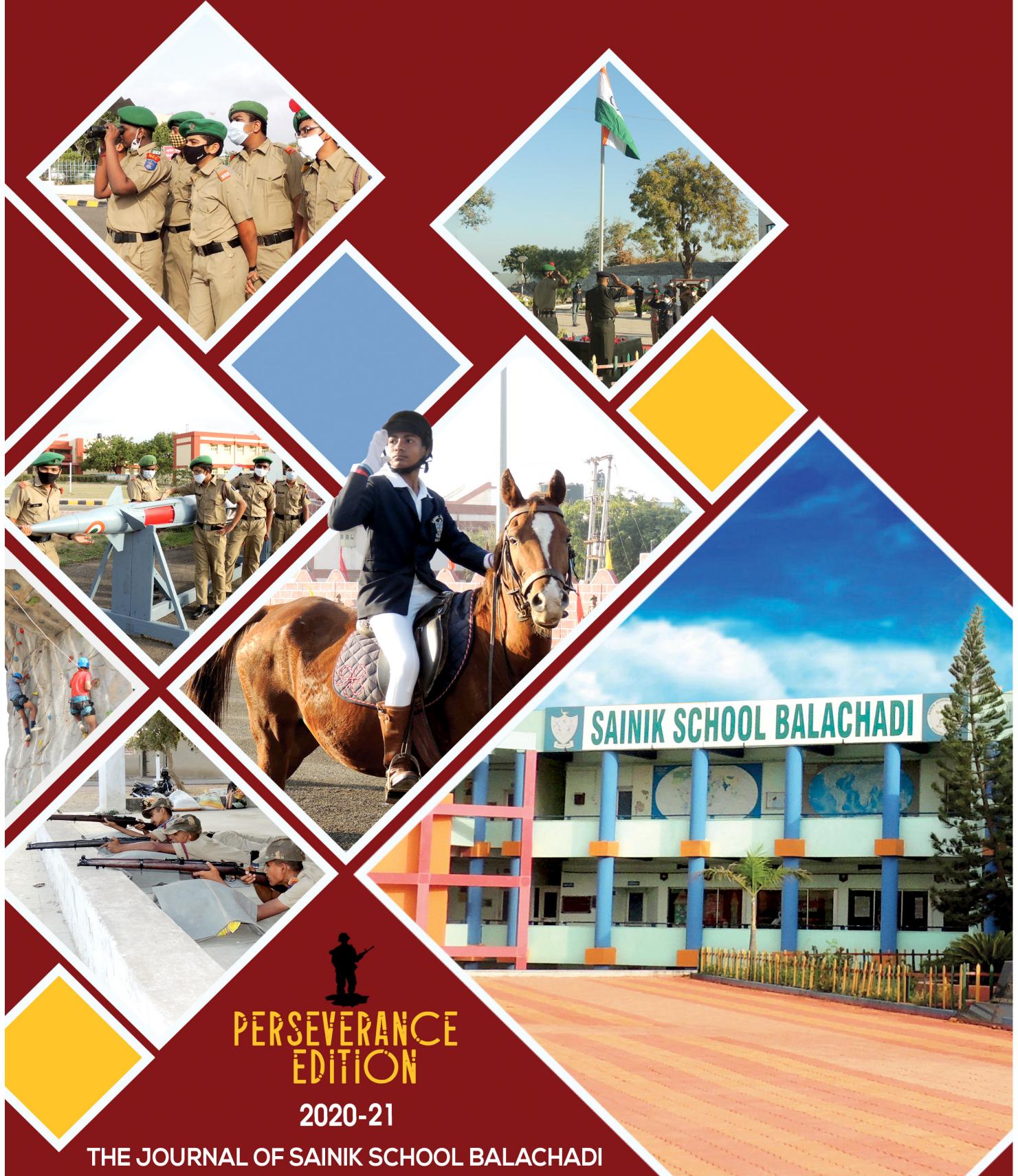




SANDESHAK



PERSEVERANCE
EDITION

2020-21

THE JOURNAL OF SAINIK SCHOOL BALACHADI

SANDESHAK 2020-2021

EDITORIAL NOTES



Covid-19 pandemic unexpectedly entered into our lives, bringing a shade to the brightful world. But we leaders took it as a challenge to handle the situations with positivity and determination there by making the most of the lockdown. The deep scar left on us by the pandemic are now healing and it is being restored to its former glory.

Dear readers, this is the first e-magazine of Sandeshak series. Like the previous editions, the present edition of Sandeshak 2020-21 is also based on a theme, "Perseverence" which is very much appropriate to the current situation. Sandeshak 2020-21 is a record of our sentiments throughout the lockdown. Some deal with emotions like happiness and hope while others explore the magical side of perseverance.

The power of Perseverance is tremendous. Most of the people get bogged down by little difficulties they face and just give up their dreams, that may have been long cherished. But we Balachadians were highly determined to line above board and create a new normal. We never compromised with any of our routine. Apart from classes we organized all events, important occasions and days of national importance through online mode which speaks much more about the theme, "**Perseverance**". Within the leaves of this e-magazine you will find the exciting journey of the school during the pandemic.

I take this opportunity to express my sincere gratitude to Principal, Vice-Principal, Adam officer, Staffs, Cadets and all those who have supported to bring out this e -magazine. So dear readers ,this one is for us –for being patient, kind and hopeful during the testing times - the digital version of Sandeshak 2020-21 - Lockdown Dairies.....

Wish you a happy reading.....



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CONTENTS

CELEBRATIONS



50



ANNUAL DAY

52



07
PRINCIPAL'S
ANNUAL REPORT

07



26
PERSEVERANCE
EDITION

26



32
OUR
VISITS

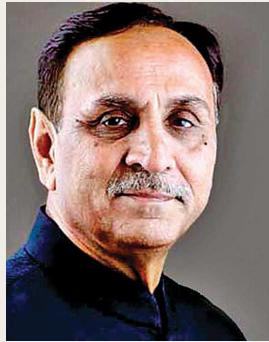
32

18
HOUSE
CHRONICLES

18

PASSING OUT
2019-20

MESSAGE



Vijay Rupani

Chief Minister Gujarat State

3rd Floor, Swarnim Sankul - 1
New Sachivalay, Sector 10
Gandhinagar, Gujarat

It gives me immense pleasure to learn that Sainik School Balachadi is to bring out its first edition of digital, Annual Magazine "Sandeshak" for the year 2020-21, based on the theme preserverance.

I express my pride and pleasure that, in pursuit of excellence and on the path of perseverance, Sainik School of Balachadi stands as a premium institution providing its students with all-round development, to prepare and deal with any environmental crisis.

I congratulate, the entire team of staff, students and the Principal for their strong sense of commitment in achieving excellence, in a spectacular way to make the institute a significant temple of learning. My best wishes for the magazine.



Vijay Rupani

Nal Sarovar Bird Sanctuary

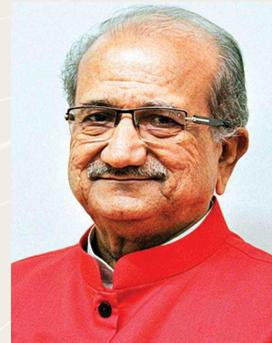
Nal Sarovar Bird Sanctuary, consisting primarily of a 120.82-square-kilometre (46.65 sq mi) lake and ambient marshes, is situated about 64 km to the west of Ahmedabad near Sanand Village, in the Gujarat state of India.



MESSAGE

Bhupendrasinh Chudasama

No.Edu(P&S),H&T,L&J,L&P./ VIP-29 /2021
Minister,
Education (Primary, Secondary and Adult),
Higher and Technical Education,
Law and Justice,
Legislative & Parliamentary Affairs,
Salt Industry, Cow-Breeding and Civil Aviation
Government of Gujarat
Swarnim Sankul-1, 2nd Floor,
Sachivalaya, Gandhinagar-382 010



“Success is the ability to go from one failure to another without the loss of enthusiasm”

Winston Churchill

I am happy to learn that the Sainik School Balachadi is bringing out its First Digital School magazine “Sandeshak” for the session 2020-21. I have no doubt that this magazine will reflect the various spontaneous thoughts of the cadets and staff, their mission in life as well as their creativity. Its too heartening to know that the theme of the school magazine is ‘Perseverance’ which very well suits the current on going situation.

We all know that Sainik School Balachadi is the pride of Gujarat as it offers quality education and prepares cadets physically, mentally and academically for entry into the National Defense Academy. Despite difficult circumstances, the school has been able to develop the infrastructure which will further improve the living conditions of the cadets. The state is committed to provide all assistance to the school and help it grow into a Centre for excellence.

A school magazine helps to record the curricular and extra-curricular journey of the school and provides an opportunity to the students to showcase their talent and explore their creative potential. Alongside academic and curricular inputs, co-curricular, extra- curricular and sports activities help to shape up the children holistically. I have no doubt that the school will continue to strive hard in pursuit of excellence.

My best wishes to the Principal, staff and cadets of Sainik School Balachadi. May this institution grow from strength to strength in the days to come.

Jai Hind !

A handwritten signature in black ink, appearing to read "Bhupendrasinh Chudasama".

Bhupendrasinh Chudasama

Khijadiya Bird Sanctuary

Khijadiya Bird Sanctuary is spread over an area of 6 square kilometres and includes a rich diversity of species. Apart from having rich varieties of marine and freshwater habitats, the place also includes diverse ecosystems such as marshy lands, salt pans, Prosopis area, Mangroves, mudflats, creeks, sandy beaches, and forest scrub making it a must to visit place for nature lovers.



MESSAGE



मुख्यलय
११ इन्फैन्ट्री डिवीजन
द्वारा ५३ सेना डाकधर
Headquarters
11 Infantry Division
Pin - 908411
C/o 56 APO

Maj Gen VK Sharma, SM
Chairman, LBA

It is matter of great pride to pen down my thoughts for "Sandeshak" the First digital School magazine of Sainik School Balachadi for the year their creative pursuits which will beget in them originality of thought and perception. Academic Excellence along with co-curricular activities completes the process of education.

In the short period of my association with the School as Chairman of LBA, I have witnessed the sincerity of purpose of the Staff, and their perseverance to maintain the tall standards. It is heartening to know that overall development and personality building of the Cadets. I wish every Success to Sainik School Balachadi in all its endeavors.

A school magazine helps to record the journey of the school and provides an opportunity to the students to showcase their talent and explore their creative potential. Alongside academic, curricular inputs, co-curricular and sports activities help to shape students holistically. I am sure that the School will continue to strive hard in pursuit of Excellence. My Best Wishes to the Principal, Staff and Cadets of Sainik School Balachadi.

May this institution grow from strength to strength in the days to come & the Cadets become the real wealth of the Nation in being Role Models with respect to Character, Morals & Integrity.

Maj Gen VK Sharma, SM



Kutch Bustard Sanctuary

Kutch Bustard Sanctuary also known as Lala-Parjan Sanctuary, is located near Jakhau village in Taluka Abdasa, Gujarat, India. This sanctuary is one of the two great Indian bustard sanctuaries in Gujarat; the other one is in Jamnagar.



MESSAGE

Brig PK Sharma
Inspecting Officer

Ministry of Defence
Sainik Schools Balachadi
Jamnagar, Gujarat 361230



"The highest result of education is tolerance"

Hellenkeller

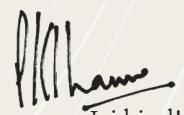
It is a matter of great pride to pen down few lines for "Sandeshak", the first digital annual school Magazine of Sainik School Balachadi for the year 2020-21. I am very happy to know that the theme of the magazine is 'Perseverance', very much suitable for this pandemic period. The school magazine is a platform for the students to express their creative pursuit which develops in them originality of thought and perception. Academic excellence along with Co-curricular and extra co-curricular activities completes the process of education.

It also gives me great pleasure that Sainik School Balachadi is progressing in its endeavor towards the overall development and personality of the Cadets. I wish every success to Sainik School Balachadi in all its endeavors. School magazine is a whole basket of school's culture capturing vivid images of year-round activities. Having it in hand is more like enjoying the spectrum of various achievements.

I must express my pride at the fact that the school is working

tirelessly, inspite of challenging environment because of COVID-19. It provides students an atmosphere conducive to all round development.

I extend my warm wishes to the Principal, staff and cadets.



Jai hind!

Narayan Sarovar Wildlife Sanctuary
Narayan Sarovar Sanctuary also popularly known as Narayan Sarovar Wildlife Sanctuary is a unique ecosystem near Narayan Sarovar in the Lakhpat taluka of Kutch district in the state of Gujarat, India. It has 15 threatened wildlife species and has desert vegetation comprising thorn and scrub forests



MESSAGE



भारत सरकार, रक्षा मंत्रालय
सैनिक स्कूल सोसायटी,
101 डी-1 विंग, सेना भवन
नई दिल्ली – 110011
Government of India
Ministry of Defence
Sainik Schools Society
101, D-1 Wing, Sena Bhawan
New Delhi-110011

Gp Capt P Ravi Kumar
Inspecting Officer

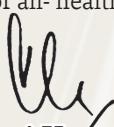
The journey of humanity through the interminably gloomy tunnel created by a virus gone berserk has been harrowing and even heartrending. But there is finally a glimmer of light at the end. New hope awakens at the dawn of what appears to be a life full of hidden possibilities and renewed promise.

While we have been leading a confined existence for over a year, it taught us the value of family, hygiene and exercise, self reliance and of course the power of the internet, which in the school scenario, ironically reiterated the primacy of the teacher in a revised role.

The single most reason why the teacher will never get wiped away like the chalk marks on the blackboard is the role she or he plays in finding the right spark in each of the students and in guiding and encouraging them as per her or his special abilities, something which no one else including parents would be better placed to do. Yes, teachers were at one time foster parents, especially in a gurukul environment, nurturing and raising the child to be educated and human and well prepared to deal with the real challenges of life. While today parents and the media have to a great extent tried to fill the gaps in the learning process- as we particularly realised during the lockdown, will they ever be able to replace the teacher in a classroom? Google or YouTube can be your guru who uncomplainingly dispel your doubts regarding facts and figures, but who is the one who cares for the child when her or his spirit cowers? Who, besides igniting ideas, holds up an ideal for all the youngsters to see and seek? Who brings out the best side of the student and turns that coveted spotlight which not only presents the girl or boy in an admirable avatar but also lets the child bask in that all important two minutes of glory and pride which like a life-buoy would keep the esteem afloat all one's existence and make her/ him indebted to that selfless savior forever, like we are to the masters of our generation, who held our hand and led us out of darkness.

Compliments to the editorial team for putting this magazine together, despite being dramatis personae in perhaps the most traumatic and tumultuous chapter in our lifetime. Wishing Principal, Staff, Students and Families a creditable score in all performance parameters, most of all- health.

Jai Hind !



Gp Capt P Ravi Kumar



Narara Marine National Park

Marine National Park in the Gulf of Kutch is situated on the southern shore of the Gulf of Kutch in the Devbhumi Dwarka district of Gujarat state



MESSAGE

Gp Capt Ravinder Singh
Principal

Ministry of Defence
Sainik Schools Balachadi
Jamnagar, Gujarat 361230



*Storm's pass, Night turns to day, and Winter gives way to spring.
Eventually, this epidemic, too, will pass.*

I am glad to know that our School is bringing out its First Digital Edition of Annual School Magazine 2020-21. The theme of the Magazine is 'Perseverance' which was exhibited in abundance by Team Balachadi during the challenges posed by the Pandemic in the session 2020-21 and it has really paid off. Striving to create culture of perseverance is an ongoing endeavor - a journey that includes continuous awareness and skill-building. As a result school could adapt to the new challenge of online classes. The faculty adopted exceptional Pedagogical Practices and implemented the technological aspects which were instrumental in successful and smooth transition to Online Learning. It is remarkable that we managed to pull that off together, all of us, including parents, staff and students made a difference this year by broadening perspectives and building an inclusive and caring school culture.

This time will also pass and then we are going to look behind and say, "We did it! It's over and here we are together standing strong as Balachadians." This is truly a moment which will go in the annals of in our school's history. The world is changing, and continuing to do things as we have always done them will not suffice in this new millennium. To be a leader, you have to keep doing things differently.

I have seen Cadets exhibiting determination, patience, and innovativeness during these challenging times. I believe that these characteristics have always been there in SSB Cadets and have further Strengthened only.

Ironically, and unfortunately, the COVID-19 pandemic has created such an experience which is unlikely to be forgotten, but the positive aspect of this is that it has reinforced belief that one's skills and qualities can be cultivated through perseverance and challenges are the opportunities to explore our capabilities.

Jai Hind !

GP Capt Ravinder Singh

Piroton Island

In the Gulf of Kutch, Pirotan Island is one of the 42 islands which compose the Marine National Park. India's first national marine park comes under the Jamnagar district of Gujarat.



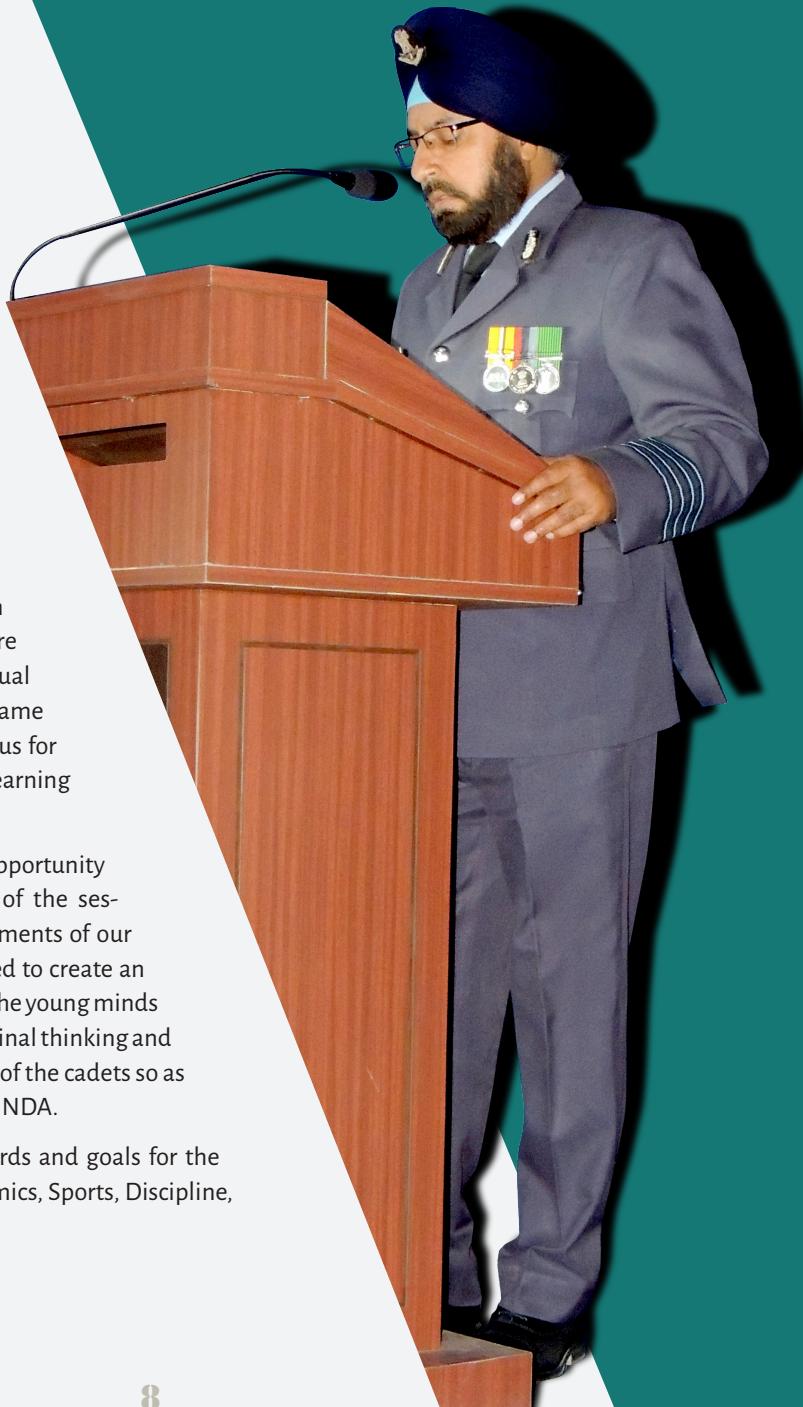
PRINCIPAL'S ANNUAL REPORT

FOR SANDESHAK 2020-21

The session 2020-21 triumphed with new hopes and new experiences in Virtual Teaching-Learning. This was the session of opportunities in the time of Pandemic. We took it as an opportunity to explore more and more in fruitful way. It was the session of Virtual World of Learning. Lot of challenges came up and I believe that difficulties shape us for betterment. The cycle of Unlearning, Learning and Relearning is way of life for all of us.

I feel privileged to undertake the opportunity of presenting school's Annual Report of the session 2020-21. It showcases the achievements of our school. We have always been committed to create an environment in the school which helps the young minds to bloom and provide a platform for original thinking and holistic development of the personality of the cadets so as to prepare them for entry to prestigious NDA.

It is our endeavor to set higher standards and goals for the growth of the school in terms of Academics, Sports, Discipline, Leadership and many more.



ACADEMICS

I wish to begin with the Academics. The name and reputation of an academic institution is determined by its performance in both internal and external examinations. The school has been successfully implementing the guidelines by the CBSE and Ministry of Defence time to time in Letter and Spirit. School successfully implemented Alternative Academic Curriculum (AAC) initiated by CBSE in all classes. We will continue striving hard for the quality results in future also.

April 2020 onwards the school has been successfully imparting training in almost all activities which include Academic, Co curricular, Sports, NCC, UPSC and SSB training classes for the cadets by conducting online classes regularly.

KUDOS IN NDA SELECTION

As you all know that primary aim of the school is to prepare cadets academically, physically and mentally for entry into the National Defence Academy. The school conducted various SSB Training sessions during this session also as a regular part of the curriculum conducted by the retired and in service Defence Officers from time to time. That brought laurels to the proud parents, cadets and the Balachadi fraternity as well.

A total of 10 cadets have joined 143rd & 144th Course at prestigious National Defence Academy, Khadakwasla, Pune during the session 2020-21.

The cadets, who brought laurel and marked the year with red letters in NDA selection are Cdt Vivek Kumar (5409), Cdt Dhruvraj Singh Jadeja (5457), Cdt Aditya Kumar (5557), Cdt Sudhanshu Kumar (5564), Cdt Dev Singhania (5630) Cdt Aman Kumar (5643), Cdt Shubham M Singh (5554), Cdt Vishal Parmar (5618), Cdt Nishant Kumar (5603) and Cdt Rajiv Ranjan (5387). Maj Gen V K Sharma GOC 11 Inf Div & LBA Chairman and the Officers congratulated the cadets and their parents for this stupendous achievement.

NEW INITIATIVES

Though the whole country was reeling under the Pandemic but school took initiative to ensure the unhindered continuation of Education through online mode. Crisis was turned into an opportunity to learn new things and move ahead. Following initiatives were adopted

- Virtual English Communicative Classes for the newly joined cadets to help them overcome their vernacular problems.
- Regular Webinars by the cadets from classes VII-XII for effective speaking and presentation skills.
- Equipping and digitalizing Classrooms with Tata Classedge Smart classroom System and integrating them with online classes.
- Online hobby classes were introduced to engage the cadets constructively.

CADETS ENRICHMENT

Motivational lectures and guidance by the eminent alumni and officers of the school were organized to motivate and inspire the cadets.

- Principal conducted a presentation to guide the cadets to practice Leadership during Pandemic.
- Cyber Security Webinar was conducted by Vice Principal to ensure the safety during being online.
- NCC Classes as regular part of the curriculum were conducted.
- Online SSB capsule for the cadets of class XII was organized where in Brig R S Rathod and Cdr Kirat Gadhwani ex accessors of SSB and alumni of the school, shared their experience with the aspirants of NDA.
- Participation by cadets in 6th International Yoga Day on 21 June.
- Celebration and participation by cadets in School Raising Day, Army Day, Navy Day, Air Force Day, Kargil Vijay Diwas, National Unity Day, Independence Day, Republic Day and all other important days to impart quality education and social values.
- Inter House Cultural Competitions followed by Online Annual Day Celebration where in Air Marshal SC Mukul (Retd), PVSM, AVSM, VM, VSM, ADC and distinguished alumnus, interacted with the cadets.
- Participation of cadets in Adolescent Summit 2020 organised by National Book Trust, New Delhi.
- Participation of cadets in Pariksha Pe Charcha by Honorable PM.
- Cadets participated Epiphany: The Lit. Fest. On 05 Nov 2020.
- Regular Remedial-Classes and Evening Preps kept the cadets on high toes.



STAFF ENRICHMENT

The school also enriches the Academic faculties time to time. The academic staff is being sent to attend capacity building and training sessions. The school also imparts the academic and technical skills among the staff but due to Pandemic Academic Staff couldn't participate in Offline workshops. However the staff underwent online Training sessions organized by the Ministry of Education (NISHTHA App Programs) and the Centre of Excellence (COE) CBSE Ajmer on the subjects such as Gender Sensitivity, Developing Resilience among the students, Contribution of Youth in Nation Building, Civic Responsibilities, ICT Skills and various other Seminars on Pedagogy of Teaching. The teachers are being empowered to adopt the National Education Policy 2020.

The Academic staff also conducted many individual Presentations based on the themes attended on NISHTHA and shared their learning with others.



- The school has sent 2 Academic staff members Mr Bhavesh J Chandegra and Mr Piyush Viramgama for Associate NCC Officer's training at OTA Kamptee, Nagpur and they have successfully completed the training and have been commissioned as T/O. Ms Ankur Chaudhary, who is NCC 'C' certificate holder has been commissioned as Third Officer. Mr Venkateshwar and Mr Balraj has been appointed as CTOs.
- Participation by cadets in Aatmanirbhar Bharat Campaign Webinar and numerous other activities has been the part of cadets Enrichment program.
- The cadets also participated in various Social awareness programs, Cleanliness Drives, Plogging, Awareness on COVID -19, Tree Plantation Drives, Fit India Movement Run, NCC Day.

NEW APPOINTMENTS & POSTINGS

- School appointed Mrs Priya Sonagra as TGT Maths on 15 Feb 2021.
- School bid farewell to Hav Indrajit Singh, who proceeded to his unit on transfer on 27 Nov 2020. School also welcomed the new member in the team Hav Azamelbhai, who took charge after the transfer of Hav Indrajit Singh.

NCC ACTIVITIES

NCC has been the inseparable part of our curriculum and played very important part in grooming the cadets and imparting Values& Patriotism as well. The cadets are given basic Military training with the aim of developing sound Character, Comradeship, Discipline, Leadership and Secular outlook for the society.



VIP VISITS

During this academic year dignitaries from various fields of work visited our school to motivate our cadets to prepare to achieve greater heights in life.

- Lt Gen Anil Puri SM,VSM, Corps Cdr,12 Corps & Ex LBA Chairman along with Brig Nitish Bisht Cdr 31 Inf Brg visited school on 30 Jun 2020.
- Col KS Mathur GPCdr NCC headquarter, Jamnagar visited school on 06 Oct 2020.
- Maj Gen VK Sharma GOC, LBA Chairman visited school on 01 Nov 2020.

CSR and fund raising activities

- SBI Jamnagar donated 50 ceiling fans for the school.
- Donation of sports equipments worth Rs 355000 by PGVCL for indoor and outdoor activities.
- During pandemic OBSSA Golden Jubilee Trust came up with financial assistance of Rs 893826.00 for the financially deprived cadets.
- Batch of 1975 of Old boys donated Electric Oven and Mixer for the school's Bakery.



INFRASTRUCTURE

- The school has purchased new Furniture of worth Rs 50 Lakhs.
- Nehru and Shashtri Houses have been provided with new cubicals for study room. 72 sets for each.
- The school has also purchased 96 Steel Almirah for the cadet houses.



- The installation of Tata Class edge in 09 classrooms has been completed.
- Construction of New Hostel with the capacity of 100 cadets has been completed, where the cadets of SP House will be shifted. The existing SP House has been exclusively renovated renamed as Ahilyabai House for the girl cadets, who are being inducted from the Academic Session 2021-22
- Cadets Mess has been renovated with false ceiling and new floor tiling.
- Renovation of Staff Quarters has also been completed.
- Walking pavements have been constructed along the roads.



- Renovation of existing Lawn Tennis Court was carried out and it has been fitted with flood lights.
- CCTV cameras for the security and safety of cadets have been installed in all the Dorms of the houses.
- Digitalization of School Library has been completed and Nodes for internet surfing have been installed.
- Demolition of Old Academic block has been completed.



CONCLUSION

At this occasion when I recount the overall achievements of the school my heart brims with confidence, joy and pride. I would like to express my sincere thanks to Sainik School Society, Our LBA Chairman, Members of Local Board of Administration for their continuous guidance.

I would also like to compliment whole Team of Balachadi, Parents, and the most important our Emerging Leaders of future my dear CADETS for helping us to provide, safe and secure learning environment in these challenging times, which have enabled us to complete all our tasks successfully during this session.

JAI HIND



"We put on masks we believe will be more acceptable to the world than the truth of who we are. In doing so we sacrifice the gift of self-acceptance."

Jane Monica-Jones, The Billionaire Buddha

WHO AM I

Gp Capt P Ravi Kumar
Inspecting Officer, Sainik Schools Society



As a young child, you would perhaps never be haunted by the above question. One is so engrossed growing up and exploring the world that seldom would anyone stop to do a self-appraisal. Now the question popped on top is not the usual philosophical or existentialist conundrum, although ultimately it is all connected. So the little reader may for a while yet, withhold the logical urge to turn this page in a hurry. This piece is about the manner in which we perceive ourselves, which is an exercise most of us indulge in, just short of a job interview or an SSB in the context of Sainik Schools. It's at that instant we recognize there are chinks in our personality which don't auger too well for selection into the elite academy, we have been dreaming about (whether there has been commensurate effort is a different matter). The discovery of one's true identity is an event better late than never to happen. Hence forward, the cadets need to guard themselves against putting on a charade, even as they "prepare a face to meet the faces that (they) meet" (TS Eliot).

But is it easy to hide the hideous? (maybe that is a strong word-sorry, couldn't resist the alliteration; "imperfections" perhaps is more suited). Like roots penetrating a derelict structure, there are traits and qualities of our persona which have over the formative years fossilized into our physiology. A few of these elements are not exactly what one would be particularly proud of hearing about in say, a family tale, and yet these are not easy to shrug off in the restricted time at our disposal. Therefore there is a tendency or a feeble attempt toward concealing our real self by faking virtues which are yet alien and masking vices which are wrapped around like second skin.

SSB, we are told, does not test our knowledge. There are experts who analyse our behavioural traits, especially in problem situations. Not unlike the Big Boss House, there is only so much that the participants are able to disguise and not for too long (perhaps only in the initial exchange of pleasantries). Then the demeanour slips. There is a lot happening which one has to cope with that it's not easy keeping up the act. Truth, alas, will be out.

There is no denying that the preparation for SSB begins the day one joins Sainik School as a Class VI Cadet. This is the whole point of enrolling into a residential system like Sainik Schools. The next seven years is the phase in which firstly the child who has likely arrived with a baggage of undesirable attributes - such as laziness, rudeness, deceit, conceit etc needs to promptly discard them because these at best can only provide short term gains such as a safe exit or a cover over our limitations etc. We also need to be fortunate to have a well-wisher (of a 'no-mincer-of-words' kind), who is not afraid of exposing our blind spot (remember the top right pane of Johari window- faults which we are oblivious to but which are obvious to others). If you thought unlearning negative lessons is tough (old habits die hard), walking the thorny path indicated by your conscience is going to be many times more complicated. Hard work, Honesty, Kindness, Composure etc are not only difficult acts to dig, but completely killing to keep up with. To be on the track of truth, it's not just the extra time and toil which are required, it also demands great sacrifice because you, with your passion to plough a lonely furrow are likely to fall out of favour with your closest allies and associates. But gradually with passing years, not only will the things we practice, become our second nature, prodigal friends too will realize their folly and return to your fold.

The West Point Cadet Prayer has this moving line, "Make us to choose the harder right instead of the easier wrong and never to be content with a half truth when the whole truth can be won". This is the high calling and price which leaders are willing to pay in pursuit of excellence. On the other hand, if the obsession with our image is not matched by an equally strong intent and willingness to surrender a life of ease, we would fall prey to the all too tempting shortcuts in life, which in the long run instead of protecting our aura would only taint our standing by exposing our weaknesses. The face ceases to fascinate, the moment it turns into a façade (oh no! don't I need to work on my weakness too, for the repetitive syllable!).

MEN AT THE HELM

Gp Capt Ravinder Singh had his early education at Bareilly and had his PG in Mathematics from Bareilly college in 1990. He was commissioned in the education branch of Indian Air Force (IAF) on 21st June 1993. During the long span of 26 years of his service, he had carried out instructional, administrative and intelligence duties at various IAF formations.

The Officer has undergone PWO & Interpretation and remote sensing courses from AFIS Pune and NRSA Hyderabad. He has served as image analyst at Defence Image Processing and Analysis Centre (DIPAC) and posted as C Imnt O at HQ SWAC. He has also served as Joint Director, Schools & Exams at Directorate of Education, Air HQ. Gp Capt Ravinder Singh has been awarded with AOC-in – C commendation in 1998 for bringing up the AF school at AF Station, Bareilly to the standards of achieving the 'Best School in Central Air Command'.

He is married to Mrs. Sonia Singh, a post graduate in English & a trained teacher. She has been actively involved in AFWWA activities. Moreover, for the last two years she has been voluntarily rendering her services for the spoken English orientation capsules specially designed for freshers who joined in class six. The couple are blessed with a son, Meyher, who is pursuing his BBA from PDEU Gandhi Nagar.



Gp Capt Ravinder Singh
Principal



Lt Cdr Manu Arora
Vice Principal

Lt Cdr Manu Arora was commissioned in the Indian Navy on 04th Jan 2010. He was instructor at INA, Ezhimala, and held the additional responsibility of Assistant Registrar (Academics) and SO to Principal. He was Lt Cdr (NE) – Exams at Directorate of Naval Education (DNE), where he was Coordinator and system administrator of all exams conducted through IN Online Examination System (INOES). He had been on deputation to Myanmar as part of Indian Navy Mobile Training Team at Myanmar Naval Training Command, Thanlyin for 12 weeks from Feb to May 17.

The Officer was awarded VCNS commendation for implementation of PAN-Navy internet based Indian Navy Digital Library and contract Management for e-Resources in 2018. He has undergone some of the major in-service courses like, Sub Lt Education at Naval Institute of Educational and Training Technology Advance Information warfare in 2012 at Signal School Kochi, and Information Security at JNTU, Hyderabad in 2013 and MTECH (CS) from MNIT Jaipur.

Lt Cdr Manu Arora took over as the Vice Principal of Sainik School Balachadi on 22 Jul 19. He was highly instrumental in the successful organization of online classes and other activities during the most turbulent academic year 2020-21 due to the COVID-19 Pandemic. He is passionate in movie and a voracious reader. He plays badminton and tennis, and practice gardening and craft work in his free time.

He is married to Seema Choudhary, who is BSc Hons (Chem) and MBA (HR), she is a qualified Yoga practitioner and a part time Soft Skill trainer with approximately five years of experience. The couple is blessed with two sons.

MEN AT THE HELM



Sqn Ldr Mahesh Kumar
ADM Officer

Sqn Ldr Mahesh Kumar is an alumnus of Sainik School Satara. He was Commissioned in the Administrative / Fighter controller branch of the Indian Air Force (IAF) on 29th May 2011. He did his fighter controlling course from Air Defence College, post Commissioning, at Lucknow.

He was posted in active fighter controlling duties at Hakimpet (Secundrabad) and Tezpur (Assam). He served four years as Senior Operations Officer at missile units (Igla Missile System) at Tezpur and Adampur (Punjab) and also a highly mobile unit (Mobile Observation Flight) at Adampur. He was awarded with AOC-in-C commendation in 2018 for his contributions in live deployments in Doklam sector in Sikkim and Tawang region of Arunachal Pradesh.

The officer is a National level Basketball player and his interest includes cycling, travelling and playing games. He was appointed as Administrative Officer in Sainik School Balachadi on 4th December 2019. His experience as an officer and as a sportsman will be a great asset for our school and cadets to get motivated and join the prestigious NDA.

The Officer is married to Sqn Ldr Sreelakshmi, a logistic officer of the Indian Air Force.

Mr. R K Suvagia, (Roll No 1069) is a proud alumnus of Sainik School Balachadi. He enjoys the rare distinction of becoming the Sr Master of his own alma mater. Mr. Suvagia joined Sainik School Balachadi in July 1988 as a TGT Science, after completing his education from Gujarat University. He was promoted as a PGT, Physics in June 2005. He became the Sr. Master on 1st March 2019.

He was an ace runner and sports man during his school days. He actively involved in co-curricular activities and represented his house and school in various inter house and inter school activities. His rich experience as a student and teacher of this school tremendously help in motivating our cadets in the development of the overall personality and joining in the prestigious National Defence Academy.

He held various important academic responsibilities in the school like House Master, NCC ANO, I/C Entrance exam, I/C UPSC & CBSE exams, I/C sports & games etc during his long career spanning over three decades.

He is married to Mrs Praveenaben, who is the Rtd. Principal of a school under state govt. and blessed with a daughter and son. His daughter is settled in USA after marriage and son is pursuing his MD course.



Mr. R K Suvagia
Sr. Master





TEACHING STAFF

Sitting (from L to R):- Mr. R S Mishra, Mr. R Suvagia (Sr. Master), Lt Cdr Manu Arora (Vice Principal), Gp Capt Ravinder Singh (Principal), Sqn Ldr Mahesh Kumar (Adm Officer), Mr. A K Singh, Dr. M Bohra, Mr. B K Jha. **Standing First Row (From L to R):-** Mr. D D Purohit, Mr. Raghesh P R, Mrs E A MINI, Ms Sunita Kademanji, Mrs. Anju Yadav, Mrs. Lajwanti Yadav, Mrs. Veena Parmar, Mrs. Suma Joshi, Mr. Maithrik Jani **Standing Last Row (from L to R):-** Mr. Venkatesh, Mr. Balraj, Mr. Mayura Joshi, Mr. J V Mehta, Mr. Dharmik Jani, Mr. Vinod Harimkar, Mr. Lalit Yadav, Mr. K K Bajpayi, Mr. Arun V R, Mr. S. Sunil Kumar.



ADMINISTRATIVE STAFF

Sitting from L to R:- Mr Rajender Singh, Mr Jagdish Bhenjaliya (Offg QM), Mr DC Pujara (Accountant), Lt Cdr Manu Arora (Vice Principal), Gp Capt Ravinder Singh (Principal) Sqn Ldr Mahesh Kumar (Adm Officer), Mr. Munish Kumar Singh (Office Supdt), Mr Vijayanth Vyas (Mess Manager) Mr Rajesh M Rawail, **Standing (From L to R):-** Mr D V Joshi, Mr. Jagadish, D V Sharma (Nurs. Asst.) Mr Chhatrapal, Mrs Dharmistha Bhatt, Mr Dharamvirsinh Jadeja, Mr Nadeem Siddiqui, Mr Bhupendra Kumar, Mr Vijaysinh Vaghela



NCC STAFF

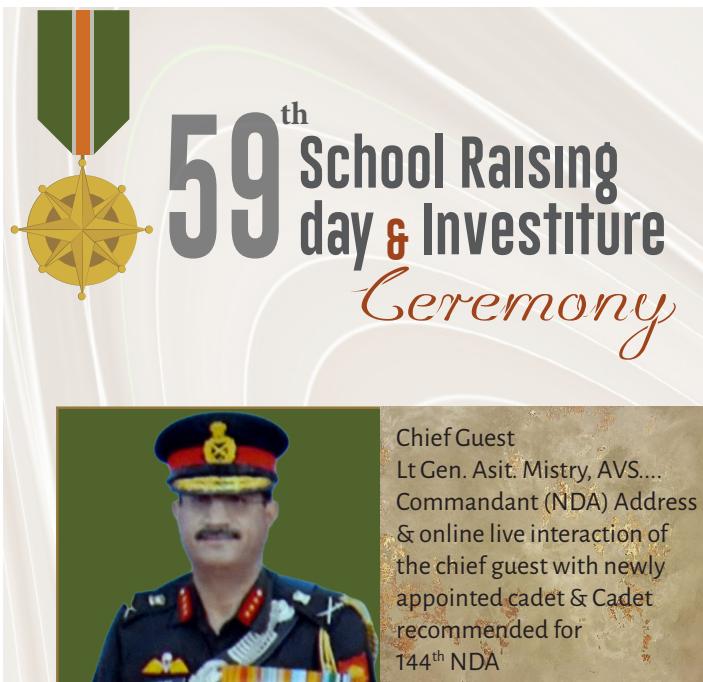
Standing left to right : Mr Rafiq, CTO Balraj, T/O S. Sunil Kumar, T/O Lalit Yadav, Hav Inderjeet, T/O Bhavesh Chandegra, **Sitting left to right :** Lt A.K. Singh, Lt Cdr Manu Arora, Gp Capt Ravinder Singh, Sub Ratan Singh



SUPPORTING STAFF

Sitting (from L to R):- Mr Vijayanth Vyas (Mess Manager), Lt Cdr Manu Arora (Vice Principal), Gp Capt Ravinder Singh (Principal), Sqn Ldr Mahesh Kumar (Adm Bhenjaliya (Offg QM) **Standing (L to R) First Row:-** Mr Vasant Vaghela, Mr Ashok Kumar, Mr Suresh Lal, Mr Yuvraj, Mr Ashok Singh Vaghela, Mr Paresh Bhatt, Mr Farooq Chad, Mr Kavindra Kumar, Mr Dharmendra Sinh Jadeja, Mr Mahendrasinh Jadeja, Mr Bilal, Mr Chaman Vasant Vaghela, Mr Abdul, Mr Firoz Chavda, **Standing (L to R) Second Row:-** Mr Yunush Bhai, Mr Sukhubha, Mr Birju Parmar, Mr Jagannath Behera, Mr Ravji Laddha, Mr Rajesh, Mr Charanjeet Singh, Mr Nayan Ghosh, Mr Birender Lal, Mr Akram, Mr Vinod, Mr Sunil Duhaiya, Mr Asim Chad, Mr Bachu Limba, **Standing (L to R) third row:-** Mr Gumansinh Vaghela, Mr Balbir Singh, Mr Vijay Vasant, Mr Vijay Chaman, Mr Shivraj, Mr Ali, Mr Ashish Ashok, Mr Bhavesh Tariya, Mr Ashok Bhanji





Chief Guest
Lt Gen. Asit. Mistry, AVS....
Commandant (NDA) Address
& online live interaction of
the chief guest with newly
appointed cadet & Cadet
recommended for
144th NDA



Address & Online live interaction of the Chief Guest
with newly appointed Cadet & Cadet recommended for
144th NDA



59th School Raising Day celebrated in Sainik School Balachadi, Jamnagar on 08 July 2020 through online mode. The school was established on 08 July 1961 at Jamnagar and is operational from present location (Balachadi) since 07 Mar 1965.

As a part of School Raising Day celebration, Investiture Ceremony for the academic session 2020-21 was held gracefully through online mode. Lt Gen Asit Mistry, AVSM, SM, VSM, Commandant, National Defence Academy, an alumnus of Sainik School Balachadi was the Chief Guest on this occasion, who attended this event through video conference from National Defence Academy, Kharakwasla, Pune.

The Investiture Ceremony began with the welcome address by the Principal, Gp Capt Ravinder Singh. The Chief Guest conferred appointments to cadets nominated for various School Appointments and House Captains. Cadets were nominated on the basis of holistic qualities which include punctuality, discipline, moral values, academics, Games & sports, positive attitude, leadership qualities so on and so forth, so that they can be role models to their fellow schoolmates. The chief guest during his address congratulated the new appointments and reiterated the need to inculcate leadership qualities among the cadets and urged them to rise up to the expectations of the competitive world to achieve their objectives experiences of school days in Sainik School Balachadi. He congratulated the staff for their noble deed in making the leaders of the future nation and interacted with the cadets recommended for 144th NDA course and with the newly appointed school cadets and answered all their queries.

This was a week-long celebration, earlier Brig RS Rathod, Admiral Dhiren Vig, VSM and Col PP Vyas the proud alumnus of Sainik School Balachadi delivered the motivational lectures through online mode.



School Cadet
Adjutant
Cdt. Aman Kumar
(5670)
House : Tagore

◆ NEHRU HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	06	House Captain	5834 Cdt Rajalkumar
Co- Curricular Activities	04	House Vice Captain	5772 Cdt Raxit Gamdha
Literary- Academics	05	Dorm Incharge I	5818 Cdt Aman Pratap
Grand Total SI No.	15	Dorm Incharge II	5911 Cdt Chandan Bharati

Nehru house is the holding house in which new Class VI cadets and new Class IX cadets live . The freshers of the house are groomed by organising orientation programmes. Various intra house activities are held which give them ample of exposure for enabling them to participate in various Co-curricular Activities.

This year due to pandemic the cadets are living with parents but still the house spirit has been maintained as they have participated in Inter House Poem Recitation (House position- 1 st), Exhibition Model making through recorded videos, Inter House English Essay Writing Competition(House position-1 st).

The Cadets who have bagged position in various competitions:

1. 6385 Cadet Yatharth - 2 nd position IH Hindi Poem Recitation Competition
2. Cadet Aditya Tomar - 3 rd position in IH Hindi Poem Recitation Competition
3. 6385 Cadet Yatharth - 1 st position in IH English Essay Writing Competition
4. 6359 Cadet Jayvardhan - 3 rd position in IH English Essay Writing Competition

The pandemic posed challenges in varied ways such as contacting the cadets , taking interviews, preparing them for the competitions, guiding them for the models , etc. but with consistent efforts and undaunted spirit all challenges were met and regular and fruitful interaction was held.

The house members are committed to achieve success with positive traits. This year also Nehru House has made it to achieve Cock House Trophy.

“We will either find a way or make one.” Hannibal (247-182 BC)- Carthaginian General



House Master
Mr Lalit Yadav



Asst House Master
Mrs Lajwanti Yadav



Ward boy
Mr Bhupendra Kumar

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◆ SHAstri HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	03	House Captain	5780 Cdt Avadh Vasoya
Co- Curricular Activities	02	House Vice Captain	6160 Cdt Ayush Singh
Literary- Academics	07	Dorm Incharge I	5910 Cdt Amrit Raj
Grand Total SI No.	12	Dorm Incharge II	5934 Cdt Ankit Kumar Singh

SHASTRI HOUSE, the house is named after the name of II PM of India Late Sh Lal Bahadur Shastri and the house follows its motto in letter in spirit. This session (2020-21) was the session of Virtual Teaching-Learning. The house team left no stone unturned in shaping the cadets into marvelous and dazzling cadets.

The Shastrians are proactive, enthusiastic energetic and example setters. All possible efforts are made to impart quality education and Values among the cadets.

Cdt Aditya Kumar, 6396 achieved I position in Academic results of class VI by securing 98.22% marks.

Cdt Yugendra, 6344 bagged I position in Inter-House Hindi Patriotic Poetry Recitation Competition.

In Online Painting Competition Cdt Zeel Kr (6301- Gr A) secured 3rd Position,

Cdt Yugendra (6344 – Gp C) secured 1st Position and Cdt Aditya Kumar (6396 Gp-C) secured 3rd Position.

Cdt Aditya Kumar, 6396 participated and bagged 2 Position (Gp D) in Inter-House English Essay Writing Competition.

During Annual Day Celebration the projects made by Cdt Amber 6401, Cdt Priyanshu Kansagra 6368 and Cdt Yugendra were selected and displayed in Annual exhibition 2020. The projects won wider applause by the spectators. On Air Force Day celebration Cdt Mohd Sahil 6394 made and enchanting project of Fighter Aircraft and bagged 2 Position. House appointment Cdt Avadh Vasoya(5780) took active participation in guiding the junior cadets to take part in all activities.



House Master
Mrs Veena Parmar

Asst House Master
Mr Balraj

Tutor
Mrs. EA Mini

Ward boy
Mr Bhupendra Kumar

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◆ ANGRE HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	61	House Captain	5683 Cdt Jenil Savaliya
Co-Curricular Activities	54	House Vice Captain	5832m Cdt Sumit Kumar
UPSC-NDA	31.66	Dorm Incharge I	5765 Cdt Hemang Dumaniya
Grand Total SI No.	166.66	Dorm Incharge II	5994 Cdtm Ayush Anand

The house is named after Kanhoji Angre, the first Maratha chief of navy. Kanoji became noted for attacking, capturing European merchant ships and ransoming their crews.

We Cold Blues have done really in this academic session. Three gems of our house Cdt Anand Parmar, Cdt Jenil Savaliya and Cdt Harsh Lungariya cleared UPSC-NDA Examination. Angre House cadets have been participating in various Online activities and Competitions with zeal. They brought laurels for Angre House. We never Sinking Sailors will keep our Josh high above the sky and will sail our ships through the storm to victory.



House Master
Dr Bhavesh Chandegra



Asst House Master
Mrs Anju Yadav



Tutor
Mr Bajpayee



Ward boy
Mr Dharmveer Singh Jadeja

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◆ SARDAR PATEL HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	56	House Captain	6044 Cdt Dewang Bhargav
Co-Curricular Activities	68	House Vice Captain	5847 Cdt Krishna Singh
UPSC-NDA	18.31	Dorm Incharge I	5825 Cdt Sumit Chavda
Grand Total SI No.	160.31	Dorm Incharge II	5933 Cdt Nishant Rahi

Sardar Patel House cadets usually perform their best this year too through online system. Cadets took part in various competitions with full enthusiasm which were conducted online by the school. House cadets participated in literary activities, yoga activities, webinars, NCC activities, drawing and painting competitions. SP house stood on I position in Inter House Cultural competition. Cadets had made different and interesting science and social science projects for Online Annual Science exhibition which were appreciated by all the viewers. Cdt Lekh Vashishta of Class X adjudged I position in Hindi Debate, Drawing Comp., in GK quiz and II position in Poetry comp, and he got a special jury award for his splendid Drawing. Cdt Nishant Rahi of Class XI adjudged I position in Hindi Essay writing comp. and GK Quiz and II position in Hindi Poem comp. He secured 95.2% in AISSE 2021. Cdt Meet Boda of Class XII secured 95.4% in AISSCE 2021 and topped in Class XII. Cdt Meet Boda and Cdt Sudhanshu Kumar cracked UPSC Exam and in the second trial again Cdt Sudhanshu Kumar cracked UPSC and preparing for SSB. Sardar Patel House stood II in all over among all 6 senior houses. New SP house building was inaugurated this year. Positive and strong spirits are flown in SP House through the Seniors to All juniors and after setting this positive strength in their mind and body, cadets of SP house will bring the laurels to the house and make the SP house flag always on the top in coming time like this year.



House Master
Mr D.D. Purohit



Asst House Master
Mr Mayura Joshi



Tutor
Mr R.S. Misra



Ward boy
Mr Vijay Vaghela

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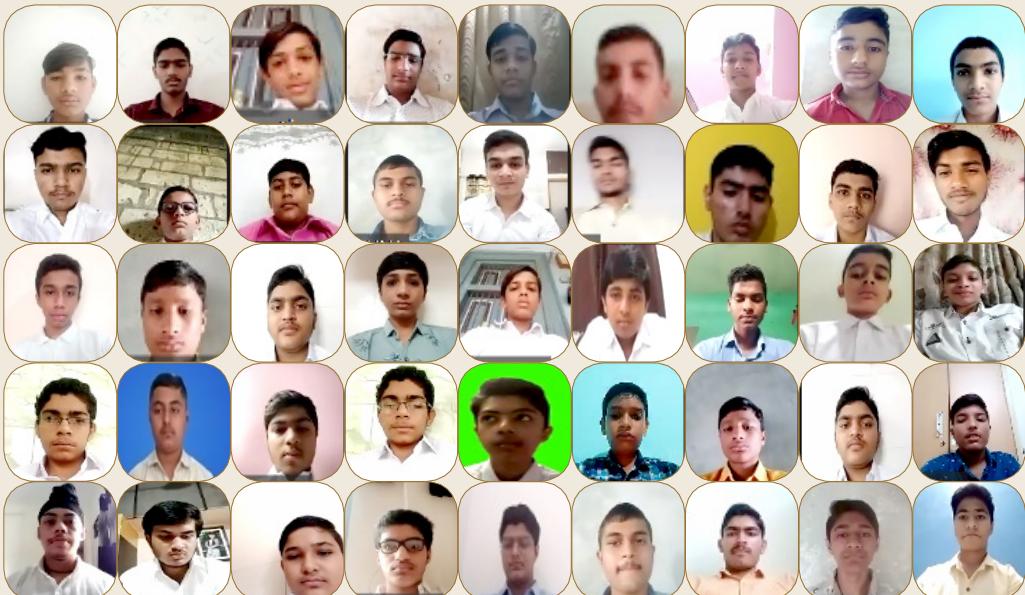
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◆ SHIVAJI HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	44	House Captain	5680 Cdt Lalan Kumar
Co- Curricular Activities	45	House Vice Captain	5807 Cdt Abhishekumar
UPSC-NDA	31.81	Dorm Incharge I	6209 Cdt Hrushabvaza
Grand Total SI No.	144.81	Dorm Incharge II	5766 Cdt Raj Kathiriya

House is named after the mighty king of Maratha empire, Chatrapati Shivaji Maharaj. Marathas have been inculcating leadership qualities from the life of the Chatrapathi Shivaji maharaj. Academic Year 2020-21 was fruitful for Marathas.Cadets have participated in various online activities with zeal and brought laurels for the house. The cadets of Shivaji house are confident enough to face upcoming Challenges effectively.



House Master
Mr Piyush Viramgama



Asst House Master
Mrs Sunita Kademan



Tutor
Mr Maitrik Jani



Ward boy
Mr Vijay Vaghela

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◆ TAGORE HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	41	House Captain	6065 Cdt Subrata Pradhan
Co-Curricular Activities	59	House Vice Captain	5839 Cdt Yogesh
UPSC-NDA	6.42	Dorm Incharge I	5770 Cdt Ayush Patel
Grand Total SI No.	132.42	DormIncharge II	5917 Cdt AkhilPratap

Tagore house is named after the noble laureate and great scholar of all times Guru Rabindranath Tagore, who gave India its National Anthem. The motto of the house is "In pursuit of knowledge", which states that each and every scholar is eager to gain knowledge rather than marks. We scholars have actively participated in all online activities with high energy and enthusiasm. Three cadets of our house Cdt Aditya Ravi (5627), Cdt Ankit Kumar (5518) and Cdt Subrat Kumar (6065) cleared UPSC. We are proud to record that Cdt Shourya Ray (5791) was the topper of class XI with 93.97%, Cdt Vedant (5893) of class X secured II Position with 94.2%, Cdt Vatsal Gambhava (6004) of class IX was topper with 91.29% and Cdt Aman Kumar (6131) of class VIII was topper 97.89%. Tagorians also stood II Position in Inter House Hindi Debate Competition and secured I Position in Inter House Hindi Essay writing Competition also.

Scholars will continue the legacy of excellence and will keep the house flag high



House Master
Mr Arun VR



Asst House Master
Ms Ankur Chaudhary



Tutor
Dr Mahesh Bora



Hotel Superintendent
Mr Jagdish

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◆ GARUDA HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	37	House Captain	5704 Cdt SahilBodar
Co- Curricular Activities	49	House Vice Captain	5790 Cdt AswaniKumar
UPSC-NDA	12.42	Dorm Incharge I	5793 Cdt ParthMisra
Grand Total SI No.	118.42	Dorm Incharge II	5909 Cdt Varun Raj

The Great Green 'Garuda House' is named after the legendary bird 'Garuda', the vehicle mount of the Hindu God Vishnu. Garuda is the king of birds and 'the eagles', our Cadets are similarly swift and courageous.

With all the might, Eagles stepped in the new session 2020-21 and actively participated in all the curricular, co-curricular, sports and games activities. Cdt. Dhruvraj Jethwa (6150) of class XI bagged First position in IH English Debate and Cdt. Abhishek Raj (5905) and Cdt Laljee kumar (5816) of class X stood Third in the same. Cdt Parth Misra (5793) got Third position in Hindi Debate. The house got Third Position in Inter House Quiz Competition. Cdt Dhawal cleared UPSC- NDA Exam and cracked SSB to emerge as rank 70 in All India Merit List.Cdt Hemal Srimali cleared UPSC NDA Exam and gearing up for SSB interview. The Eagles are gaining more confidence to perform well in the future events.



House Master
Mr Sunil Kumar

Asst House Master
Mr PR Raghesh

Tutor
Mr Dharmik Jani

Ward boy
Mr. Dharmveer Singh Jadeja

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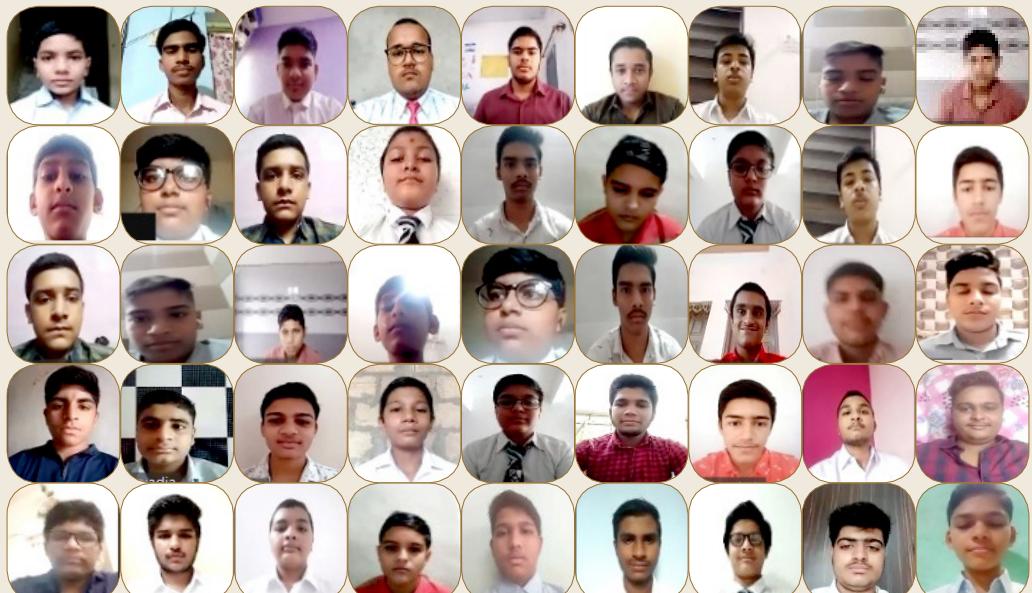


◆ PRATAP HOUSE ◆

HOUSE REPORT

Activity	Point	Appointments I	Term
Sport Games	34	House Captain	5699 Cdt Radhe Raman
Co-Curricular Activities	40	House Vice Captain	5851 Cdt Suryakant
UPSC-NDA	21.79	Dorm Incharge I	5807 Cdt Abhishek
Grand Total SI No.	113.79	Dorm Incharge II	6205 Cdt Neel Patel

The Pratap House is named after the great warrior Maharana Pratap under the house motto We fearless warriors believe in action and not in words. The warriors are committed to excel in all walks of life and always put their best foot forward to achieve the pinnacle of success. We fearless warrior have participated keenly in the competitions through online and also brought laurels to the house. The house secured 1st position in Hindi and English debates. House got 3rd Postion in Hindi Poem recitation. Cadets of our house have represented our school in various online IPSC events. We fearless warriors will always continue to overcome obstacles and will move forward with josh and enthusiasm.



House Master
Mr Ramesh Makwana



Asst House Master
Mr Venketeshwar



Tutor
Mr BK Jha



Ward boy
Mr Jagdish

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ONLINE SCHOOLING – CAN IT BE THE FUTURE OF EDUCATION



Name: Cadet Aman

6131, Tagore House

The meaning of traditional classroom has changed over the years, especially with technology permitting some, then all domains of the classroom environment. From projectors to smart screen and everything in between, technology has changed classroom learning as we know it. Any new online learning serves to switch up what we expect from environment. In many of the schools or colleges are functioning e-services though online methods during COVID-19 pandemic most of the schools and colleges are functioning online schooling to educate their students. It has helped students to come over from this bad situation which would have led to ruin of the particular studies for one year.

What are the advantages of online schooling?

1. In this platform students get a lot of chance to interact with the teacher.
2. It offers a lot of financial support because there are no additional charges for transportation and accommodation.
3. Every student has his or her way of learning that works a lot for them.
4. Students can attend class from anywhere with internet access.
5. Online course material can be accessed 24X7.
6. Students are exposed to knowledge shared by the instructor around the Globe which cannot be learned in the books.
7. Students may not have to sit for a long period of time.
8. Many parents also feel that earlier their child was bullied now they are safe.
 - (i) In online schooling, teachers explain theories in the form of images, videos etc.
 - (ii) Online schooling can enroll a much number of students where all of them can be educated at their own place using their own pace.



What are the dis-advantages of online schooling?

- a. Online schooling requires more time as compared to traditional classroom.
- b. Students get a chance to procrastinate.
- c. It requires good time management skills.
- d. Self-motivation is very important in online schooling.
- e. Technology issues is the another key challenge for the students to overcome from it.
- f. Online classes need an active learner.
- g. Eye problem is the major problem because of the screen time.

Will it be the future of education?

It is obvious that everything is having good or bad side. Online schooling also has good and bad side, specially kids are facing problems in gaining knowledge. It is having advantages but dis-advantages are putting them into danger throughout the life.

“You may delay, but time will not”

Procrastination is the worst thing which will lead to failure. In campus schooling, students are being motivated by teachers and teacher support is also there. It is good for job worker who want to compete any competition. Whenever they will get time, they can manage their studies.

When it comes to future of education, it is obviously not. In classroom they gain confidence and they don't have any stress and they don't feel anxious. In online schooling they have a lot of pressure of submitting assignments. Hence, it is proved that online schooling is damaging the mental condition.

Conclusion: Education is a virtue that stays with the individual throughout their life and can be used to change the World. Online schooling is good for emergency like during the COVID-19 pandemic, but it is not the future of education.



कोरोना वायरस से संबंधित जानकारी और इससे सावधान कैसे रहे।



कैटेट आदित्य कुमार
अनुक्रमक-6396
कक्ष-स्थी शास्त्री सदन

(दो मित्रों के बीच कोरोना महामारी को लेकर बातचीत)

अशोक : रमन, क्या बात है, इतने भयभीत क्यों दिखाई दे रहे हो?

रमन : मुझे कोरोना का भय सता रहा है। हर पल यही डर लगा रहता है कि कहीं यह बीमारी मुझे न हो जाए।

अशोक : क्यों इसमें डरने वाली क्या बात है? क्या तुम नहीं जानते कि इससे कैसे बचा जा सकता है?

रमन : कुछ बातें तो जानता हूँ लेकिन फिर भी काफी चीज़ों से अनभिज्ञ हूँ। क्या तुम इस बारे में मेरी कोई सहायता कर सकते हो?

अशोक : हाँ हाँ क्यों नहीं, इतना तो तुम जानते हो कि हमें बार-बार हाथ धोते रहना चाहिए। आस-पास में स्वच्छता को बनाए रखना है। इसके अतिरिक्त अनावश्यक अपने मुँह, कान, नाक और आँख को छूने से बचना चाहिए। हमेशा मुँह पर मास्क लगाए रखना चाहिए विशेषकर बाहर जाते समय।

रमन : हाँ, और हमें दूसरों से दो मीटर की दूरी भी बनाए रखनी है।

अशोक : हाँ रमन, एक बात और हमेशा याद रखना चाहिए कि यदि किसी व्यक्ति को खाँसी-जुखाम हो तो हमेशा रुमाल का प्रयोग करना चाहिए। बिना काम के घर से बाहर नहीं जाना चाहिए। बस हमें इतनी सावधानी बरतनी होगी। अच्छा रमन, अब घबराना नहीं।

रमन : धन्यवाद अशोक, तुमने मेरी सारी प्रेशानी दूर कर दी है। अब मैं तनाव मुक्त हो गया हूँ।

अशोक : अब हम दोनों मिलकर यह नारा लगाते हैं-

हर घर में यही नारा है
कोरोना को हराना है

इसने कैसा चक्कर चलाया
बड़े बड़ों को घर में बैठाया

अब इसको भगाना है
फिर से घूमने जाना है

महँगा दौर ज़माना है

थाली से सब्जी गायब है

फिर से पनीर, पापड़ खाना है

कोरोना को हराना है।



DO YOU KNOW MY GUJARAT

?

Vinod Harimkar
Librarian

Que 1. Which is the longest river in Gujarat?

Narmada

Que 2. Which is the birth place of Mahatma Gandhi?

Porbandar

Que 3. Which city is also known as the Diamond City of India?

Surat

Que 4. The UNESCO heritage site "Rani ki Vav" is located in which district?

Patan

Que 5. Who had built the Sun Temple of Modhera?

King Bhima I

Que 6. Which sea is to west of Gujarat?

Arabian Sea

Que 7. Which is the State Animal of Gujarat?

Asiatic Lion

Que 8. When was Gujarat established?

1st May 1960

Que 9. Which is the official state song of Gujarat?

"Jai Jai Garavi Gujarat"

Que 10. World's Tallest Statue – "Statue of Unity" is located in which district of Gujarat?

Narmada district





"To succeed, you must have tremendous perseverance, tremendous will. "I will drink the ocean", says the persevering soul; "at my will, mountains will crumble up". Have that sort of energy, that sort of will; work hard, and you will reach the goal."

- Swami Vivekananda.



Mr Mayura Joshi
TGT (Mathematics)

POWER OF PERSEVERANCE

My dear young friends,

Life is a journey. The journey of Life is a beautiful one but it is not always a bed of roses or coaster path through the journey of their life, without an exception. It's our attitude, which describes and decides how difficult or easy the journey is going to be. Everyone has to achieve with their continued efforts, despite failure, odds and opposition. Enjoy the difficulties with patience but never stop persevering, and at last, one would be triumphant. "Infinite patience, Infinite purity and Infinite perseverance are the secrets of success in a good cause. They can overcome all obstacles and will definitely be rewarded at the end" said Swami Vivekananda.

Perseverance and patience are the two faces of the same coin. Neither can one exist without the other. The sense of perseverance will open up new opportunities, new windows, new possibilities, new ways and new avenues for the individuals, every time we encounter a difficulty.

The life of visionaries and philosophers is the message on the truth of this power of perseverance. The steadfastness in their approach brought energy to their mission and vision. The life of Swami Vivekananda was no different. Despite

all odds, he went abroad only to bring material wealth and men, to work for the down trodden of this country. Under those difficult circumstances with no help, no money, no support, no ticket to travel, no place to stay, no proper winter clothing, no food, no recommendation to speak at the parliament of religions, Vivekananda should have given up everything and retired himself to a secluded and solitary Yogi's life. But, his sense of perseverance – Never say Die- attitude made him achieve, that he had dreamt of. Great things are never done smoothly. The life of Swami Vivekananda has been a true message on the power of perseverance. His sense of perseverance and patience made him pass through all the obstacles with much ease. This sense of patience and perseverance makes the life easy and the difficult road, a bed of roses. "Every work has got to pass through hundreds of difficulties before succeeding. Those that persevere will see the light, sooner or later", said Swami Vivekananda.

Ourshastras and puranas are huge store houses of values and virtues. This beautiful truth of perseverance and patience is understood by a story described in the Kurma Purana. One



day, Devarshi Narada, the manasaputra of Lord Brahma and a great devotee of Bhagawan Vishnu was passing through a forest. He saw a man, who was meditating for long and an ant hill had grown around him. The man asked Narada, where was he going? Narada replied that he was going to heaven. Then the man requested Narada to ask God, that "when will he show mercy on this man and give him mukti?" – Freedom from the cycle of birth and death. Narada agreed and continued his journey. There he saw another man, though was troubled by the sufferings of life, yet enjoyed his life – dancing, singing and smilingly continued with his daily work. Upon seeing Narada, the man asked, where was he going? Narada replied he was going to heaven. This man too requested Narada to ask God that "when will he give mukti to this man". Narada agreed to ask.

In the course of time, while returning from heaven, Narada came again by the same road. The man who was meditating with the ant-hill round him, said to Narada, "Oh, sir, did you ask God about me? What did he say? When will I attain mukti? Please tell me soon, I'm so excited" Narada said "oh yes, my dear. God said, you would attain mukti in four more births". The meditating man was disgusted. He wept and wailed and said he has been praying and meditating so hard but to attain mukti, four more births yet? He was not happy with the decision of the God. He said, God has been unkind to him. Narada also met another man, who faced lots of difficulties in life, but accepted everything with a smiling face. The man enquired Narada, if he had asked the question to God about him. Narada said pointing to a tamarind tree nearby "Yes, of course. Do you see this tamarind tree? You will be born as many times as the number of leaves on the tree and after that you will attain mukti". The man was rejoicing and thanking God that after such a short time he is going to have mukti! Immediately, Akashvani – voice from the heaven, was heard "My dear child, you will have mukti, just now. This is the reward for your perseverance. You were ready to be born again and again. Nothing discouraged you".

This is the difference in attitude of two men. The first man felt that even just four births were too long and whereas the second man was smilingly ready for an infinite births. Only the patience and perseverance brings about the highest result. These are the margins of victory. "Always remember, without unflinching perseverance and patience, nothing is to be achieved" said Swami Vivekananda.

My deary young friends, all of us have, a lot of dreams about

our life. Let us persevere and be patient, shall wait for our D day. As the eagle waits patiently for hours to catch the fish that comes to the surface of water, you too shall wait for your day. Life is tough, a great challenge, but endure all the difficulties and failures, patiently, like mother Earth. The seven years of hardships of training at the Sainik School has only made you physically fit, mentally wise and morally strong. You are the one; with mettle, the world has been looking out for. Don't be discouraged by the present difficulties or failures, continue to persevere!, as the difficulties of the world are transitory. The world is going to be yours. Wait for your day and have the great leap of faith. You are a Balachadian. Don't forget that you are the Leader and were born to create history!

"Persevere on, my brave lads, we have only just begun. Never despond! Never say enough".

– Swami Vivekananda

THERE'S ALWAYS A

1st
TIME



Cdt Dax Vadodariya
6335 Class : VII

To take the first step
To win the first prize
To unlatch a cage
And free a love bird
To learn the first word
To scrap an elbow
To become a good Leader
To dream in slumber deep sleep
To hide behind a big tree
To nurse a broken heart
To try and climb up in life
To fall in love
In hope of nothing to gain



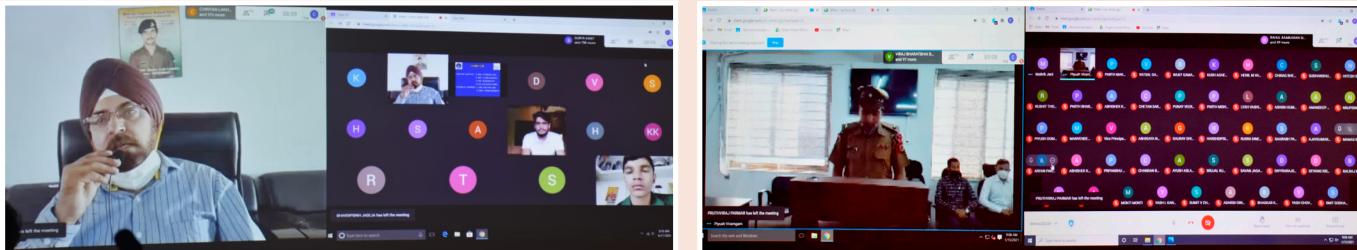


GOC VISIT OUR VISITS



GRPCDR NCC VISIT

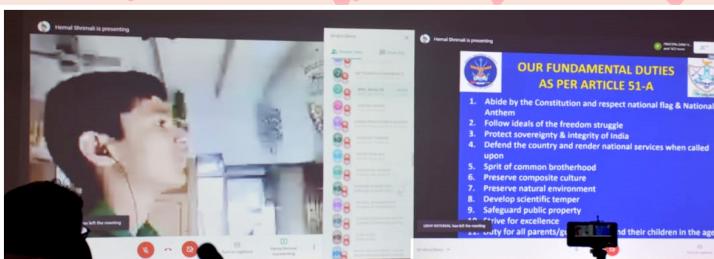
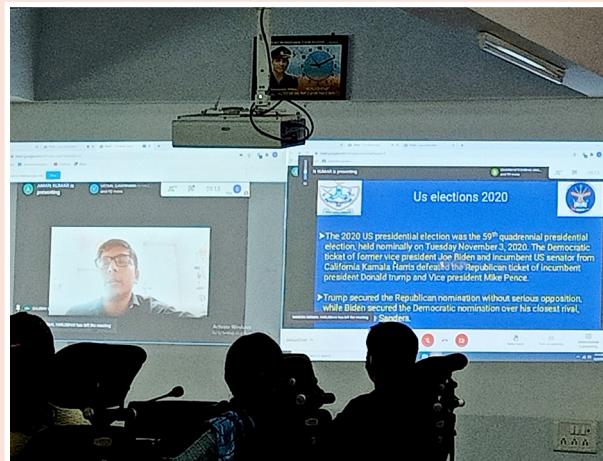
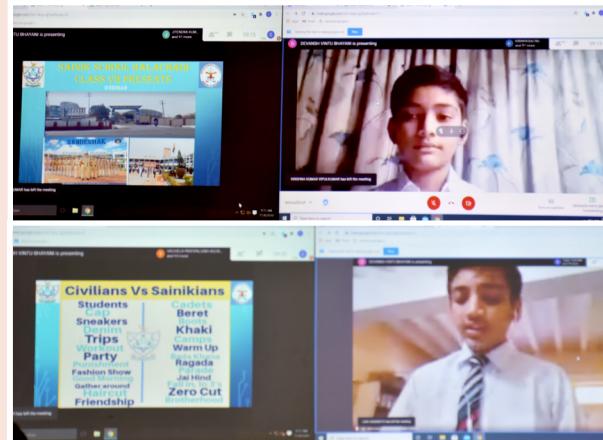




73RD WEBINAR ON 'INDIAN ARMY DAY'

73rd 'Indian Army Day' was observed in Sainik School Balachadi, Jamnagar on 15 Jan 2021 to pay homage to soldiers who have sacrificed their lives in the line of duty also this day commemorates General (later Field Marshal) KM Cariappa taking over as the first Commander-in-chief of the Indian Army from British General Sir Francis Butcher, in 1949.

On this special day, a webinar was conducted by the NCC Coy of Sainik School Balachadi, Jamnagar. Various aspects and importance of Indian Army were presented through webinar by class XI NCC Cadets of the school under the guidance of T/O Piyush Viramgama, ANO, Sainik School Balachadi NCC Coy. On this auspicious occasion, Junior Cadets exhibited the posters online to pay tribute to brave soldiers. Other Cadets attended the webinar through video conference. The Chief Guest, Gp Capt Ravinder Singh, Principal, Sainik School Balachadi in his address shared that this day one should remind ourselves as a true citizen, of the sacrifices of the brave soldiers to safeguard our country.





T/O Ankur Chaudhary
TGT Maths

Perseverance in the Time of the Pandemic:

In early 2020, after a December 2019 outbreak in China, the World Health Organization identified SARS-CoV-2 as a new type of coronavirus. The outbreak quickly spread around the world. In India, in late March 2020, the country came to a virtual standstill. The COVID-19 pandemic forced leaders around the world to limit large gatherings and shutter schools and businesses. Change is everywhere. There are a lot of unknowns as we navigate the complexities of the current environment.

We are all in this together. This is a call to examine our perspective, simply because we can. It is true that COVID-19 has altered our normal daily routines in ways that we could have never imagined. Our everyday lives upended, our plans and some of our major life milestones cancelled or changed, our ability to leave home, to enjoy festivities, to eat at restaurants, to play outdoors with our friends, and our overall ability to socialize in person is no longer a socially acceptable practice (at the moment). Because the virus spreads from person to person, it's important to limit your contact with other people as much as possible and avoid large gatherings. This is when the pandemic started closing businesses and schools, the transition was difficult for everyone. Students felt like they lost a healthy portion of their connections with their friends, their teachers and maybe even their school. More importantly, they had to shift the way that they learned at the same time

that teachers had to shift the way that they taught. Google Meet became a way of life. Bandwidth became a truly priceless commodity. And most of us now realize that TV news anchors really can get away with sweatpants and suit coats, because we learned that we only have to worry about what our laptop cameras can capture from the waist up as we join classes, calls, and meetings from the comfort of our couch, bed, or chair. But here's the thing.....we did it. Additionally, as members of the correctional community, we are often held to a higher standard of social responsibility. Despite our individual roles within the community, our families, parents and our peers are looking at us to maintain some type of balance and to handle this uncertainty with a sense of confidence. This is not an easy task on a normal day to day, still we all are trying to continue to maintain balance, regain control of spiraling thoughts and emotions, and continue to serve our communities when we don't know what is going to happen next. We are constantly learning, adapting, and growing in our professional roles and we can apply these same concepts in managing our thoughts and feelings during this pandemic. So we must "DIG deep – get deliberate, inspired, and going" (Brene Brown). This is how we keep going, this is how we move past the uncertainty of not knowing what the future holds for us or when this pandemic will end, this is how we regain and maintain control over our own lives, we preserve



and continue to face each challenge and setback head on one step at a time, together.

Five Tips to Practice Perseverance:

1. Self-Compassion: We all make mistakes and we all experience failures. Instead of dwelling on the mistake or becoming angry with yourself, allow yourself permission to not be perfect. Instead, look at these failures or mistakes as an opportunity to adjust your approach, to try again differently, and to practice kindness and self-encouragement so that you can better adapt, learn, and grow.

2. Be clear, be specific, be realistic

3. Teamwork: Practicing teamwork by supporting & encouraging each other during difficult times.

4. Gratitude: Practice being thankful. Spend 5-10 minutes every day reflecting on the good aspects of your life. Find ways to express what makes you happy,

what makes you feel connected.

5. Patience:

Practicing patience allows us to experience the journey before we get to the destination. Patience can be described as the art of remaining calm without becoming angry, anxious, or worried when faced with obstacles, challenges, and setbacks.

The whole world has been facing this novel Coronavirus with humanitarianism and by supporting each other in this grueling situation. Staying positive and calm in this scenario is the most important aspect that a person must follow in these days. We all have covered a long journey fighting this battle and soon we will go back to our normal daily routines.

As correctly said by Walter Elliot, “Perseverance is not a long race; it is many short races one after the other”.

Perseverance means Aim-Oriented hard work by me and for me. It is a force that helps me to stay continued. It tests my patience. Perseverance is the key to success in my life. Failure may come and I

would make stepping stones to success. Perseverance brings victory. Perseverance will add flavors to my goal. Doubts may crop up in our mind. Obstacles may come in our way, failures may cloud us. Many great men in the World rose to prominence by perseverance. Nobody cares for a failed person, but everybody sits on the tales of a successful person, and I am sure I can become a successful person only through Perseverance.

Perseverance means to continue, continue and continue especially in something that is difficult. It requires regular practice to develop the quality of perseverance. Only a patient person with strong determination can achieve his goal by perseverance. I will try again and again to attain success.



Cdt Devanshu Shekhar
6309 Class : VII

AIM ORIENTED WORK



88th AIR FORCE DAY

88th Air Force Day celebrated in Sainik School Balachadi, Jamnagar on 08 Oct 2020. On this occasion a 'Bicycle Rally' was organized in which Officers, staff and family members successfully completed a distance of 14 kms.

Later on the day, a webinar on the topic – "Why I want to be an Air Force Officer?" was conducted in school and was presented by Class XI Cadets through video conference. Motivational videos on Indian Air Force were also shown. As a part of Air Force Day celebration, fighter aircraft model making competition was organized for all the Cadets in two categories, class VI to VIII and class IX to XII. Cadets prepared the models of various fighter aircrafts by using materials like clay, cotton, mud, cardboard, wires, paper etc. In category of class VI to VIII, Cadet Anshu Kumar and Cadet Md Sahil secured first and second position respectively while third position shared by two Cadets- Kaushik Das and Anjo Palmattam. Whereas in another category of class IX to XII, Cadet Neel Patel, Cadet Shivam Singh and Cadet Jil Kumar secured first, second and third position respectively. While a special prize was announced for the Cadet Atharva Shah of class IX for making an aircraft model from Carrot.



"Azadi ka Amrut Mahotsav"



INDIAN

To commemorate the anniversary of launch of Dandi March and in line with the celebration of 75 Years of India's Independence, the Sainik School Balachadi, Jamnagar celebrated the "Azadi ka Amrut Mahotsav" on 12 March 2021 in school campus.

On this occasion, Sainik School Balachadi organized an Interactive session on Indian Freedom Movement which was well presented by Mr Raghesh PR, HOD Social Science.

The presentation helped the students to make them aware about Indian freedom movement and various incidents occurred in past to achieve freedom. Creative writing activity was also conducted to give this occasion an apt tribute. A total of 132 cadets from class X and XII participated enthusiastically in the event by making posters, greeting messages and writing slogans.



TEACHERS Training



TATA CLASS Training



Life Lesson from **TINY ANTS**



Mrs Priya Sonagra
TGT Maths

Man, the crown of all creations with his great wisdom, but an ant, a tiny insect too tiny to be seen is nothing to compare it with a man.

They risk to be easily crushed anytime, but they are able to keep a positive attitude and move ahead as they are goal-oriented.

Indeed, they represent an excellent example we can rely on to learn & grow personally & professionally. We often search for external sources of inspirations including great motivational books or seminars but the reality is that Nature holds a lot of meaningful & inspirational examples. So what do ANTS have in specific that make them so unique & inspirational?

Here are key lessons we can learn from ANTS:

Perseverance: Ants are tiny but untiring insects. They never give up until they accomplish their goals. Have you ever tried to stop an ant while trying to reach a

destination? It may shift right or left, climb over or under, but an ant will never quit. They will always find a new way to handle the present situation. We look giants compared to them but we will never have their courage and determination. The real strength is to keep moving forward despite unhappy situation or hardship. we need to develop positive attitude in life.

Proactive: Ants are very well known for their proactiveness regarding the food they gather during the whole summer with inherent commitments. The first warm day, they are out to prepare for winter storage. For this, they don't need supervisors, coaches or managers to accomplish their goals simply because they are self-motivated. Still why many of us need guidance & supervision to handle our own tasks? Isn't it our responsibility to accomplish our tasks with or without the presence of our supervisor.

Team players: Ants are social insects. They are excellent in living in large colonies or groups. Despite



being numerous, everything is well structured around them. They don't have ears, but they can "hear" through vibrations in the ground and fit easily within the team. Ants function in respect to their own community. The way they handle their relationships with others reflect a lot of organization, interpersonal skills and respect to each one's role. We must accept changes of roles within an organization & adapt to keep moving smoothly without biases & complaints.

So we keep in mind-

Coming together is a beginning keeping together is a progress &

working together Leads to success.

Daily habits:

Motivation is what gets you started and Habit is what keep you going.

-Jim Rohn

Many great leaders realized after many years of experience & struggle that.

It's not a big step that accelerates success but rather the Daily Habits Installed that can generate inner satisfaction & high level of achievements.

We can observe this methodology in the daily habits of ants for their storage of food.

Amazing sense of discipline: The sense of discipline among the ants is really amazing. Without any mistake they march one after another in a line. How pleasant is their marching sight!

While discipline in military is rewarded as it is a sign of respect & duty. It not only affects their own performance but also the team as a whole.

Nothing has been created by chance or exists by coincidence but it does for a specific reason as the ant's philosophy can be viewed as motivation, self-improvement & success.

TESTS AT EVERY WALK OF LIFE

Life tests us everywhere at every walk of life. COVID-19 pandemic has led to a dramatic loss of human life Worldwide and presents an unprecedented challenge to public health, food system and the World of work. The economic and social disruption caused by the pandemic is devastating millions of people fell into extreme poverty. What has been keeping us striving is the spirit called Perseverance. What made us to stay safer and healthier, what made us to get cured at home when no vaccine was there. It all was our Perseverance.



Cdt Shlok Maheta, 6383

Class : VI

PERSEVERANCE FOR SUCCESSFUL LIFE



Cdt. Dhvanit 6358

Class : VI

Who says that things cannot be done?

Nothing's impossible on this earth;

All of the things are possible under the sun;

But perseverance should be there friend!

Perseverance helps in building patience

The one who gives up with ease is fool!

The wise person labors with determination

Yet, one must choose the things that one can do,

And go full steam ahead, till comes success.

Perseverance is the secret of success;

By continual toil, failures can be avoided

Great things are done by burning mid-night's oil!

"The toiler harvests best of fruits in life."



THEY MADE

CBSE
X
TOPPERS



Nishant Kumar Rahi
Roll No. 11128413
Position I - 95.2%



Vedant Pravinbhai Kotadiya
Roll No. 1128389
Position II - 94.6%



Abhishek Gupta
Roll No. 1128431
Position III - 93.8%



**Boda Meetkumar
Mansukhbhai**
Roll No. 11622888
Position I - 95.4%



Sudhanshu Kumar
Roll No. 11622894
Position II - 91.8%



Anand Mukundray Parmar
Roll No. 11622884
Position III - 90.2%

PROUD
US

CBSE
XII
TOPPERS

Myself as an ARMY OFFICER



Name: Cadet Yathrath
6385 Nehru House



I only regret that I have only one life to give for my country. It had always been my dream to become an Army officer in the military. I know it is not easy to become an Army officer, but serving the nation and its people is my dream. I have read in many books and seen in many movies and I understand that it is very tough to become one, but serving and protecting the people of my country.

I neither want wealth nor fame, nor name, nor power. My only ambition is to serve my motherland honestly, sincerely and lovingly. I am still trying and learning to become a leader. For me the most important quality a leader should have is the characteristic set himself an example or to whom people remember for his good deeds.

First there is respect just because you have the rank and status of an officer doesn't mean that all below you in your Command are going to respect you. The Army officer's life is full of adventure, risk, discipline and toughness still my passion is only for an Army officer.



'KARGIL VIJAY DIWAS'



'Kargil Vijay Diwas' Observed In Sainik School Balachadi, Jamnagar

Sainik School Balachadi, Jamnagar observed 'Kargil Vijay Diwas' in school campus on 26 July 2020, on the 21st anniversary of the victory of the Indian Armed Forces in Operation Vijay against the infiltrating Pakistani troops.

On this occasion, Gp Capt Ravinder Singh, Principal of the school laid wreath on Shaurya Stambh - the war memorial of martyrs. In the beginning Cadet Shaurya Ray and Cadet Parth Mishra gave a short introduction on Kargil Vijay Diwas celebration through video conferencing.

The event was telecasted live to all other Cadets of the school who are not present in the school due to Covid-19 pandemic and later Principal addressed the Cadets through online mode.

During his address, Principal said that the best way of paying tribute to the valiant soldiers who laid their lives fighting against the Nation's enemy is by adopting soldierly attitude which comprises of self-discipline and passion. He further explained the origin of the word soldier and his duties and opined that the soldiers are the true representatives of a Democratic India. He also highlighted the significance of Kargil Vijay Diwas.

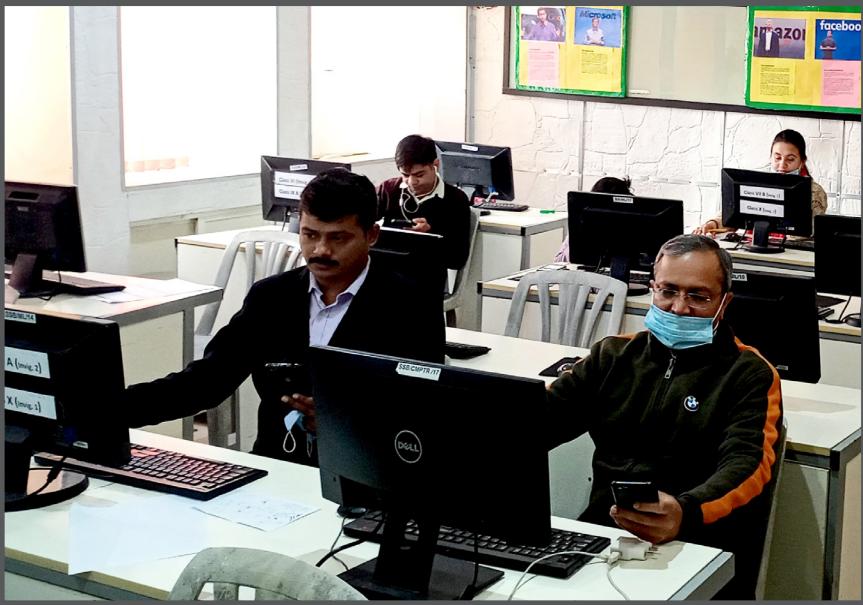


Plantation



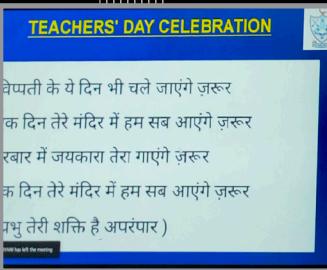
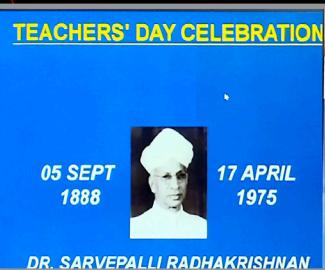


WEBINARS by Class XII Cadets



ONLINE
Examination





TEACHERS DAY Celebration



NCC
Activities





Mrs. Lajwanti Yadav

TGT English

Pathway to Success: **Perseverance**

"Success is the sum of small efforts, repeated day in and day out." - Robert Collier

Perseverance may be defined as the commitment and resilience necessary to achieve a desired result in the face of challenges or setbacks. Perseverance is "finishing what one has started, keeping on despite obstacles, taking care of business, achieving closure, staying on task, getting it off one's desk and out the door". Perseverance is associated closely with grit, which is "the perseverance and passion for long-term goals."

Perseverant individuals typically feel capable of achievement and responsible for the outcomes of their efforts over time.

This is how you can Persevere :

Clarify your goal - Base it on your purpose, needs, and abilities. Know why you want this goal and how you and others will benefit.

Intend to achieve your goal -Outline your goal, strategies, and timeline. Know resources that can help you attain it. Break the goal into small steps, working backward from your desired outcome and attainment date.

Maintain optimism - Expect good things. Keep a daily diary of good experiences.

Live in the present - Don't dwell on the past or worry about what might happen. Let go of attachments. The more attached you are to something, the greater the fear of losing it.

Acknowledge your accomplishments - Judge these against personal standards of self- improvement. Have the courage of your convictions. Don't change for others or compare yourself with them.

Try new experiences - Experiment with new ways of improving a product or service at work or other activities. Investigate how successful individuals or teams have achieved similar goals.

Care for you mind, body, emotions, and spirit -Schedule quiet times to think and reassess. Practice stress relievers such as deep breathing and exercise. Get sufficient sleep, eat healthy, and take time for fun and friends.

Experience yourself living your goal today - Hold your desired outcome firmly in your mind. Each morning upon rising, review your goal. Repeat the process at night.

Persist - Focus on goals daily. At regular intervals, ask yourself whether your activities are moving you forward.



Now let's take an example:-Lakshya's first try at establishing Garments store failed. After re-evaluating his experience, he opened a new store. He is now the proud owner of four successful retail garments stores. Lakshya didn't fail in his first attempt. Failure occurs when we quit or stop trying. Lakshya has perseverance. He kept improving his products and services.

"Perseverance is failing 19 times and succeeding the 20th time." - Julie Andrews

Perseverance is the key to success. After thousands of efforts to make the electric light bulb, Thomas Edison said, "I haven't failed, I've identified 10,000 ways that it doesn't work." Helen Keller, Abraham Lincoln, Marie Curie and an endless list of other great achievers found that success inevitably arrives for everyone who perseveres. Ultimately, individuals who persist, become successful. They learn from mistakes.

Sometimes we may ponder how to know that we have a certain level of Perseverance? Ask this question to yourself:

Do you persevere? Or, after meeting rejection or difficulties, do you quit?

If you are in the habit to quit the situation or avoid facing difficulties then you really need to work on developing Perseverance.

Here you can test your Perseverance Quotient.

Give yourself one for each "yes" to the following:

1. I believe in myself.
2. I have clear career goals.
3. I address my limitations.
4. I bounce back from disappointments.
5. I persist.
6. My family and friends support me in my pursuit of goals.
7. I can adapt to change.
8. I focus and complete projects.
9. My goals are consistent with my purpose and values.
10. I can take unpopular stands when I believe I'm right.

The more you get Yes as the answer for the above statements, you have a certain amount of Perseverance to survive in challenging situations.

So if we move forward with a positive attitude, work hard and keep going the successes will come. Slow start can be challenging, but with perseverance it can be a tremendous blessing.

"Perseverance is not a long race; it is many short races one after the other." -Walter Elliot

सफलता का

रहस्य



कैप्टेन अनुराग पाउडे
कक्षा दर्शी 'ब' अनुक्रमांक-6202
शिवाजी सदन

'बार-बार असफल होने पर भी उत्साहन खोना ही सफलता है'

'दृढ़ता' शब्द का अर्थ है तप, हठ और अटलता। यदि दृढ़ता शब्द को गहराई से देखा जाए तो हमें नव्हीं चीटी की कहानी याद आती है जो हमें दर्शाती है कि हमें अपने जीवन में सफलता की सीढ़ियों पर चढ़ते रहना चाहिए। आजकल के इस प्रतिस्पर्धा के युग में हर इंसान हार मान जाता है,। इसका सबसे बड़ा उदाहरण है हमारे देश के बेरोज़गार व्यक्ति। कार्य के हर क्षेत्र में प्रतिद्वंद्विता बढ़ती ही जा रही है और इसी कारण देश के पढ़े लिखे लोग भी बेरोज़गारों की श्रेणी में आते जा रहे हैं। हालाँकि उन्हें हार न मान कर अपने क्षेत्र में आगे रहकर अपना लक्ष्य प्राप्त करना चाहिए और यही उनके लिए दृढ़ता का कार्य है, खासकर हमारे देश के लिए दृढ़ता एक अमृत पदार्थ रहा है जिसके कारण ही हम अपने देश के स्वाभिमान और गर्व के लिए लड़ते रहे हैं। अभी हाल ही में सबसे चर्चित लोगों में से एक एलन रीव मरक ने भी अपनी सफलता का कारण दृढ़ता को बताया है उन्होंने कहा कि मनुष्य को तब तक हार नहीं मानना चाहिए जब तक वह हार मानने के काबिल न बने। हमारे जीवन के कई लक्ष्य हैं और हर एक को पाने के लिए सबसे महत्वपूर्ण है उसके लिए दृढ़ विश्वासी होना।

"सफलता की सुशियाँ मनाना ठीक है लेकिन, असफलताओं से सीखना और दृढ़ होना अधिक आवश्यक है।"





72nd REPUBLIC DAY CELEBRATIONS

Sainik School Balachadi, Jamnagar celebrated the 72nd Republic Day through online mode. On this auspicious occasion, the Chief Guest Gp Capt Ravinder Singh, Principal, Sainik School Balachadi laid the wreath on Shourya Stambh – the war memorial of martyrs and unfurled the Indian Tricolour followed by the National Anthem. Documentary on Republic Day was showcased on this occasion.

Cadet Krish Ninama of class IX and Cdt Hrushabh Vaza of class X expressed the importance and greatness of Republic Day through video conference in Hindi and English respectively followed by Patriotic songs sung by Cadets and staff. School Cadet Captain Amit Raushan and Cadet Devang Bhargav reflected on their seven years in the school in the Passing-out Course Memoir. Anchoring of the complete event was done by Cadet Devanshu Yadav and Cadet Chris Francis of class IX. The event culminated with the school song presented the Cadets.



EDUCATION, HARD WORK AND SMART WORK **KEYS TO SUCCESS**



Cdt Rushit Tholiya
6080 Class : IX

There is not denying the fact that Education, Hard work and Smart work are the ingredients in success. If hard work gives encouragement to our journey to success, education gives us the direction to the destination of success and smart work marks us unique.

Education transforms an animal into a real human being. Education is the spark that ignites the faculties of mind, body and intellect which further develop into skills and knowledge. Knowledge gives us power to do more and more. Without education these faculties would remain mere seeds of possibilities. With Education every hard work can be Smart work. I have all these qualities and continue to attain more. Smart work makes us different from the crowd. So Education, Hard Work and Smart work are the keys to Success.

A man walks into a shop and sees a cute little dog,
He asks the shopkeeper, "Does your dog bites?"
The shopkeeper says, "My dog does not bite?"
The man tries to pet the dog and the dog bites him.
"Ouch, he says, "I thought you said your dog does not bite."
The shopkeeper replies, "That's not my dog"
Murder of English
Both of you stand together separately.
Give me a blue pen of my colour.
Pick up the wrapper and fall in the dust bin.
All of you stand in straight circle.



Cdt Dhruvraj Singh
6221, Class VII



कैडेट आदित्य कुमार
अनुक्रमांक-6405
कक्षा-छठी
शास्त्री सदन

सूरज का संदेश

सूरज, चाँद, जल, पेड़ ये सभी प्रकृति का संदेश है। अथवा इनसे हमें जीवन में बहुत-सी बातें सीखने को मिलती हैं। सूरज और पेड़-पौधे हमें ऊर्जा प्रदान करते हैं। चाँद हमें शीतलता देता है। नदी, तालाब, झरने तथा बादलों से हमें बहुमूल्य जल मिलता है।

सूर्य पेड़-पौधों के भोजन बनाने में सहायक होता है जिससे हमें ऑक्सीजन की प्राप्ति होती है। इसके अतिरिक्त प्रत्यक्ष तौर पर सूर्य हमें गर्मी प्रदान करता है तथा विटामिन 'डी' भी देता है।

प्रकृति का संदेश है सूरज, चाँद, जल, पेड़ ये सभी प्रकृति का ही संदेश है। अथवा इनसे हमें जीवन में बहुत-सी बातें सीखने को मिलती हैं।





Rashtriya Ekata Divas



LBA Meeting



Saraswathyopuja



Holi Celebration



INDEPENDENCE DAY Celebrations

Sainik School Balachadi, Jamnagar celebrated 74th Independence Day in its school campus. Gp Capt Ravinder Singh, Principal of the school was the Chief Guest on this occasion, laid wreath on the Shourya Stambh, the war memorial of martyrs and hoisted Tricolor. The event was conducted in online mode and all proceedings were broadcasted to the students of school. Cadet Abhishek Kumar and Cadet Avadh Vasoya delivered speeches in Hindi and English respectively while Cadet Yogendra Kumar, Cadet Chris Francis and Cadet Anurag Pandey recited Hindi poems on Patriotism through video conferencing. The staff members also presented a patriotic song – ‘Ae watan watan mere abaad rahe tu’ to give the occasion an apt tribute.

On this occasion, five staff members of the school- Mr DC Pujara, Accountant, Mr Dharmik Jani, TGT Science, Mr Vinod Harimkar, Librarian, Mr DV Sharma, Nursing Assistant and Mr Sunil Tamta, Baker were honoured with GOC's Commendation Award whereas General employees Mr Aseem Usman, Mr Prithvi Vaghela, Mr Umar and Mr Gani Noor Mohammad were awarded cash prize by the Chief Guest for their selfless service in school. Cadets and their family members also witnessed the function from their home town through online mode while officers and staff witnessed the function in school by maintaining proper social distance



आत्मनिर्भर भारत

(NCC के तृतीय अधिकारी ललित यादव ने सौराष्ट्र स्तर के वेबिनार में प्रकट किए थे)

“ओढ़े हुए हैं विदेशी परियारों को क्या सचमुच मानसिक आजादी पाई है,
निभाओ भारतीय संरक्षक, करके स्वदेशी का प्रचार, समझो तब आजादी पाई है,
कर पाओ यदि स्वदेशी नवाचार, तब समझो सार्थक शिक्षा पाई है,
कुठीर उद्योगों का विकास किसानों, श्रमिकों के जीवन में खुशियाँ लाए
तब समझो उन्नति की डगर पाई है।”

सुप्रभात,

मैं THIRD OFFICER, LALIT YADAV (Associate NCC Officer, SAINIK SCHOOL BALACHADI NCC COMPANY) का प्रतिनिधित्व करते हुए आप सभी के समक्ष ‘आत्मनिर्भर भारत अभियान’ के संदर्भ में अपने विचार प्रकट करने हेतु उपस्थित हुआ हूँ।

भारत का आर्थिक इतिहास सिंधु घाटी सभ्यता से प्रारंभ होता है जिसकी अर्थव्यवस्था कृषि व व्यापार पर आधारित थी। विगत सदियों का इतिहास यह बताता है कि हमारे भारतवर्ष के मूल स्वभाव में और एक तरह से हमारे कठ। मैं उद्यमशीलता, आत्मनिर्भरता विद्यमान थी जिसके फलस्वरूप हमारा देश वर्षों तक ‘सोने की चिड़िया’ कहलाया। ‘स्वदेशी अपनाओं, आत्मनिर्भरता पाओं’ का नारा प्रधानमंत्री जी ने यूँ ही नहीं दिया। कई बार मन में प्रश्न उत्ता हैं जब जापानी, अमेरिकी, चीनी, फैंच आदि सभी देशों के निवासी स्वदेशी वस्तुओं को काम में लेने में गर्व प्रतीत करते हैं तो हम भारतवासी क्यों नहीं।

एक कैडेट ने कल अत्यंत रोचक प्रश्न पूछा कि दीपावली हमारा त्योहार है पर सर्से के चक्कर में अन्य देश की वस्तुएँ खरीद के 5000 करोड़ रुपए का मुनाफा हम उन्हें दे देते हैं तो असल में दीपावली हमने मनाई या उन्होंने? मकर संक्रांति हमारी, 700 करोड़ रुपए का मुनाफा दूसरे देश का, रक्षाबंधन हमारा, 200 करोड़ रुपए का मुनाफा दूसरे देश का।

ऐसा क्यों? हममें क्या कमी है? कोई कमी नहीं, बस सर्से का लालच छोड़ कर स्वदेशी अपनाने की ज़रूरत है।

तो कैडेट्स आवश्यकता है आत्मनिर्भर बनने की और इसकी शुरुआत आपको करनी है। सर्से मोबाइल के लालच में हम अपने देश की उत्तम चयालिटी के मोबाइल नहीं खरीदते, परिणामतः इन विदेशी सर्से मोबाइल में ढेरों ऐसे ऐप्स होते हैं जो न केवल हमारी निजता बल्कि देश की सुरक्षा को भी हानि पहुँचाते हैं।

आत्मनिर्भरता की महत्वा जानकर ही दादा भाई नौरोजी ने ‘ड्रेन ऑफ वेल्य थ्योरी’ द्वारा पूरे देश को बताया था कि किस तरह ब्रिटिश सरकार हमारे संसाधनों को खाली कर रही है। बाल गंगाधर तिलक ने स्वदेशी

अपनाने के लाभ देशवासियों को बताए। अन्य स्वतंत्रता सेनानियों ने भी विदेशी वस्तुओं के उपभोग की हानियाँ बता कर उनका बहिष्कार किया।

स्वतंत्रता प्राप्ति पश्चात् सर्वप्रथम आत्मनिर्भरता का पाठ लाल बहादुर शास्त्री जी ने हमें पढ़ाया जब देश के नागरिकों का पेट भरने के लिए भारत को गेहूँ का आयात अन्य देशों से करना पड़ता था जो न तो समय पर मिलता था, निम्न स्तर का होता था तथा ऊँचे दामों पर मिलता था, शास्त्री जी के स्वाभिमानी, आत्मनिर्भर व परिश्रमी बनने के आहवान से ही हमारा देश गेहूँ का आयातक से निर्यातक राष्ट्र बन गया। यही अलख एक बार फिर से आदरणीय प्रधानमंत्री जी ने 12 मई 2000 को पूरे देशवासियों में जगाई। अपने ‘आत्मनिर्भर भारत अभियान’ द्वारा जिसका प्रमुख लक्ष्य है हमारा राष्ट्र समूची वस्तुओं



श्री ललित यादव
स्नातक शिक्षक
सामाजिक विज्ञान

के निर्माण में आत्मनिर्भर बनें ताकि विकास की गंगा गाँवों तक पहुँचकर निर्धन को सबल, स्वावलंबी, विकसित बना सके। कोविड महामारी के इस कठिन समय में निराश होकर बैठने के बजाय जोश, उल्लास से समूची वस्तुओं के विनिर्माण में जुट जाए। इसके लिए प्रधानमंत्री जी ने 20 हजार करोड़ का पैकेज भी घोषित किया। जिसके सकारात्मक परिणाम भी अब धीरे-धीरे सामने आने लगे हैं।

आपको स्मरण होगा कि कोरोना के प्रारंभिक काल में अमेरिका जैसे अति विकसित राष्ट्र करे टेलिमेडिसन नामक अति आवश्यक घटक औषधि की पर्याप्त मात्रा में आपूर्ति करके प्रधानमंत्री मोदी जी ने समूचे विश्व में मित्रता व आत्मनिर्भरता का लोहा मनवा लिया। यही नहीं मात्र 300 रुपए में PPE kits बनाकर पूरे विश्व को चौका दिया।

रचनात्मकता, उद्यमशीलता के पुरुषा हमारे प्रधानमंत्री जी व सरकार द्वारा ‘आत्मनिर्भर परियोजना’ के तहत किए गए प्रयासों की वजह से ही नवीन रोजगार का सूजन हो रहा है और अर्थव्यवस्था पटरी पर लौट रही है।

प्रधानमंत्री जी ने भाँप लिया था कि भारत में कोविड काल की वर्तमान चुनौतियों के मध्य उद्यमियों के लिए अनेकों अवसर पिघामान है। फिर याहे वह मारक बनाना, वैटिलेटर्स, सेनियाइजर्स, पीपीई किट्स इत्यादि का उत्पादन हो। टेलिमेडिसन, सॉफ्टवेयर निर्माण अनेकों क्षेत्रों में देश के उद्यमियों के लिए आपदा में अवसर का समय है।

आत्मनिर्भरता के दृढ़ संकल्प की बदौलत ही टाटा, बजाज, गोदरेज, पतंजलि, बीकाजी इत्यादि सैकड़ों उद्यमियों ने कई विदेशी कंपनियों को बाहर का रास्ता दिखा दिया।

ऐसा नहीं है कि सरकार उद्योगपति ही प्रयास करते रहे। हमारा भी नैतिक कर्तव्य बनता है कि हम भी अपनी विचारधारा, मूल्यों, दृष्टिकोण में परिवर्तन लाए और ब्रांडेड प्रैंडेट्स का मोह छोड़ कर स्वदेशी को अपनाए। बहुत दूर की बात नहीं है 1991 में उदारीकरण, वैश्वीकरण की आइ में षड्यंत्र पूर्वक बहुराष्ट्रीय विदेशी कंपनियों ने भारत में अपना जाल फैलाकर समूचे देशवासियों की खान-पान, वेशभूषा, उपभोग सामग्री आदि में आमूलघूल परिवर्तन कर दिया।

पूर्व में जहाँ हम अपने उपभोग के लिए तथा अतिथि सत्कार के लिए चाय, शिकंजी, शरबत, कॉफी, लस्ती, ठार्डाई आदि गृह निर्मित सामग्री से सत्कार करते थे। पर

1991 के पश्चात् विदेशी कंपनियों द्वारा निर्मित पेपरी, कोका कोला, पिज़ज़ा, बॉर्स, फैंच पाई, कुरकुरे आदि ने इसका स्थान ले लिया। इस अप्रत्याशित परिवर्तन ने देशवासियों के स्वास्थ्य को भारी क्षति पहुँचाई और हमारी फूड इंडस्ट्री को नष्ट कर दिया। इसके अतिरिक्त वस्त्रोद्योग, ऑटो मोबाइल इंडस्ट्री कॉस्मैटिक आदि का व्यापार भी बुरी तरह प्रभावित हुआ। परंतु क्या समूचा दोष उन्हीं का है। नहीं! हम अपनी प्राचीन जड़ों से कट गए जो कि उनका षड्यंत्र या व्यापार आधिपत्य के लिए।



मुझे गुजरात के साथ-साथ समूचे देश के विविध व्यंजनों पर गर्व होता है। पश्चिम देशों के आहार, व्यंजनों में वो पौष्टिकता, ममत्व, स्वाद कहाँ हैं जो भारत की माताओं, बहनों के हाथ में हैं। अपनी पाक कला को वे अगली पीढ़ी को हस्तांरित करती आई है जो फारस फूड कल्वर से बाधित हुआ है।

इसी भाँति पूर्व में जहाँ अपने पारंपरिक वेशभूषा धारण करने में गर्व प्रतीत करते थे। सूती, खादी ही पहनते थे,

वहीं युवा वर्ग विदेशी कंपनियों द्वारा निर्मित परिधानों, रिड जीन्स पहन के ख्यां को आधुनिक समझते फिरते हैं और भूल जाते हैं कि इससे जाने अनजाने में उन्होंने कितने कपास, जूट आदि उगाने वाले किसानों, बुनकरों, श्रमिकों को बेरोजगार कर दिया। इसलिए हाट, बाजार, दुकानों की जगह मॉल ने ली है। महान शास्त्रीय संगीतज्ञों, घरानों की जगह पश्चिमी धुनों, ऐप सिंगर ने ले ली है।

प्रतिदिन छाई हजार किसान खेती छोड़ रहे हैं तो सोचिए बरसों से कृषि प्रधान रहा भारत अपने इन ८०-९० करोड़ बेरोजगार होते जा रहे किसानों, मजदूरों, व्यापारियों का पेट कैसे और कौन पालेगा? कैसे इनके बच्चे आपके बच्चे की तरह पढ़ पाएँगे? इन सभी दुर्दशा का जिम्मेदार कौन होगा?

वर्षों से सरकारों को गलियाते रहे पर इस बार नहीं। क्योंकि इस सरकार ने 'आत्मनिर्भर भारत अभियान' द्वारा देश की आर्थिक सूख बदलने की पुरजोर कोशिश की है। जलरत है तो आप लोगों के साथ की। समय आ गया है ब्राण्ड मोह छोड़ कर, बंद हो गई लाखों देशी कैविट्रों को पुनर्जीवन प्रदान करने में अपना योगदान देकर अपनी देशभक्ति का परिचय दें। प्रधानमंत्री जी की इस मुहिम को सफल बनाएँ न केवल ख्यां अपितु अपने मित्रों, परिचितों, रिश्तेदारों, पड़ोसियों आदि सोशल मीडिया के माध्यम से जागरूक बनाएँ। उन्हें इसके लाभ व न अपनाने पर देश को होने वाली हानियाँ बताएँ।

'याद रहे देश है तो हम हैं।'

खदेशी अंतरिक्ष एजेंसी अपने साथ-साथ अन्य देशों के उपग्रहों को अंतरिक्ष में छोड़ के खरबों रुपयों की विदेशी मुद्रा कमा कर आत्मनिर्भरता के साथ-साथ पूरे विश्व में देश का परचम लहरा रही है। DRDO, HAL आदि देशी कंपनियाँ देश में ही आयुर्धों, अर्टों, शस्त्रों, तेजस विमान, अर्जुन टैंक आदि का निर्माण करके देश के अरबों रुपए बचा रही हैं। विदेशों की भोगवादी संस्कृति की अपेक्षा भारत की 'योग' संस्कृति अधिक श्रेयस्कर है इसलिए दूरदर्शी प्रधानमंत्री जी ने योग को पूरे विश्व में प्रचलित करके 'विश्व योग दिवस' मनाने पर विवश कर दिया।

उपरोक्त वर्णित सभी सद्प्रयासों के पीछे उनका देशप्रेम छिपा था और एक पीड़ा कि क्यों और कैसे लगभग हमारे साथ ही खतंत्र हुआ एक राष्ट्र महाशक्तिशाली व अति विकसित बन गया और वर्षों से उन्नति की राह ढूँढ़ने में ही संघर्षरत रह पाए हैं। अवसर को भाँप के विश्व के सर्वश्रेष्ठ प्रधानमंत्री जी ने समूचे देशवासियों में आत्मनिर्भरता की अलख जगाई वह भी कोविड के इस कठिन समय में, सभी देशों की सुरत पड़ी अर्थव्यवस्थाओं को पछाड़ के भारत को विकसित, शक्तिशाली, आत्मनिर्भर व सर्वश्रेष्ठ राष्ट्र बनाने का स्वप्न सार्थक करने हेतु।

अंत में अपनी गाणी को विराम देन से पूर्व मै। DG NCC हेडक्वार्टर्स गुजरात NCC निदेशालय, जामनगर गुप्त हेडक्वार्टर्स, ओ.सी. सैनिक स्कूल बालाचड़ी NCC कंपनी आदि को धन्यवाद देना चाहूँगा जिन्होंने आत्मनिर्भर भारत के तहत कराई जा रही अनवरत गतिविधियों की शृंखला में से एक इस वेबिनार के माध्यम से आप NCC बंकमजे को जागरूक करने का अवसर प्रदान किया।

जयहिंद। जय NCC।



પહेलीवार જोयो છે

પ્રકૃતિની સાથે ખેલ કરતા
નિર્દેશ માણસને જોયો હતો,
ને પછી એજ માણસને
આજે ઓક્સિસ્ટન માટે
દેર-દેર ભટકતા જોયો છે.

સૂક્ષ્મ લાકડા નથી કઈ કામના,
એવું કહેતા માણસને આજે
લિલે લાકડે બળતા જોયો છે.

કોઈના બાપથી નથી બીતો
એવું બોલતા માણસને આજે
ઘર બહાર નિકળતા પણ
બીતા જોયો છે.

રસ્તા સુમસામ ને
સ્મશાને ટ્રાફિક જામ છે
ઘરમાં ચાર-પાંચ ગાડી વાગેને પણ
એમ્બ્યુલન્સની રાહ જોતા જોયો છે.
જન્મની વધામણીના પેસા લેતા
માણસને તો ધણી વાર જોયો હતો,
પણ અંતિમ વિધી માટે પણ
પેસા લેતા માણસને
આજે પહેલી વાર જોયો છે.



કુડેટ પ્રિયાંશુ કણસાગરા
(૫૩૬૮) ૭-અ, શાસ્તી સદન



छत्तीसगढ़ का इतिहास एवं लोक संस्कृति

(अंतर-सदन निबंध लेखन प्रतियोगिता 2020-21 में प्रथम स्थान प्राप्त निबंध)

देश में लोक कलाओं की खुशबू आज भी अपनी प्राचीन परंपराओं से समृद्ध है। प्रत्येक क्षेत्र की अपनी एक विशिष्ट संस्कृति एवं परंपरागत पहचान है जो वहाँ प्रचलित कलाओं में स्पष्टः दृष्टिगोचर होती है। इससे उनकी समृद्धशाली विरासत का अंदाज़ा लगाया जा सकता है। भारत के हृदय स्थल पर स्थित छत्तीसगढ़ जो भगवान् श्रीराम की कर्मभूमि रही है, प्राचीन कला, सभ्यता, संस्कृति, इतिहास और पुरातत्व की दृष्टि से अत्यंत संपूर्ण रहा है। छत्तीसगढ़ राज्य का निर्माण मध्य प्रदेश के उन सोलह ज़िलों को मिलाकर किया गया जो भाराई बाधा के आधार पर पर मज़बूती से जुड़े थे। यह राज्य नई सहस्राब्दी में 1 नवंबर 2000 को अस्तित्व में आया। मध्य प्रदेश के अलावा छत्तीसगढ़ के अन्य पड़ोसी राज्य हैं उत्तर प्रदेश, झारखण्ड, ओडिशा, तेलंगाना और आंध्र प्रदेश। छत्तीसगढ़ का कुल क्षेत्रफल लगभग 135,191 किलो मीटर है। राज्य का वनक्षेत्र 44 प्रतिशत है जो यहाँ की विभिन्न टोपोग्राफी को दर्शाता है। छत्तीसगढ़ में भारत के कुल वन क्षेत्र का लगभग 12 प्रतिशत है, जिससे इसकी विशाल जैव विविधता का पता चलता है और यह इमारती लकड़ी और विभिन्न वन्य प्रजातियों से समृद्ध है। धान की भरपूर पैदावार के कारण इसे 'धान का कठोर' भी कहा जाता है। छत्तीसगढ़ के तीन प्राकृतिक ऊंचाई हैं- उत्तर में सतपुड़ा, मध्य में महानदी और उसकी सहायक नदियों का मैदानी क्षेत्र और दक्षिण में बस्तर का पठार। राज्य की प्रमुख नदियाँ हैं- महानदी, शिवनाथ, अरपा, पैरी तथा इंद्रावती नदी।

“खूबसूरी को हमने अक्सर भटकते हुए देखा है, हाँ, मैंने इन चंद अल्पाज़ों में छत्तीसगढ़ को लिया है।”

छत्तीसगढ़ भारत का एक राज्य है। इसका गठन 1 नवंबर 2000 को हुआ था। और यह भारत का 26वाँ राज्य है। पहले यह मध्य प्रदेश के अंतर्गत था। डॉ. हीरालाल के मतानुसार छत्तीसगढ़ 'चेदीशगढ़' का अपांश हो सकता है। कहते हैं किसी समय इस क्षेत्र में 36 गढ़ थे, इसलिए इसका नाम छत्तीसगढ़ पड़ा। किंतु गढ़ों की संख्या में वृद्धि हो जाने पर भी नाम में कोई परिवर्तन नहीं हुआ। छत्तीसगढ़ भारत का ऐसा राज्य है जिसे

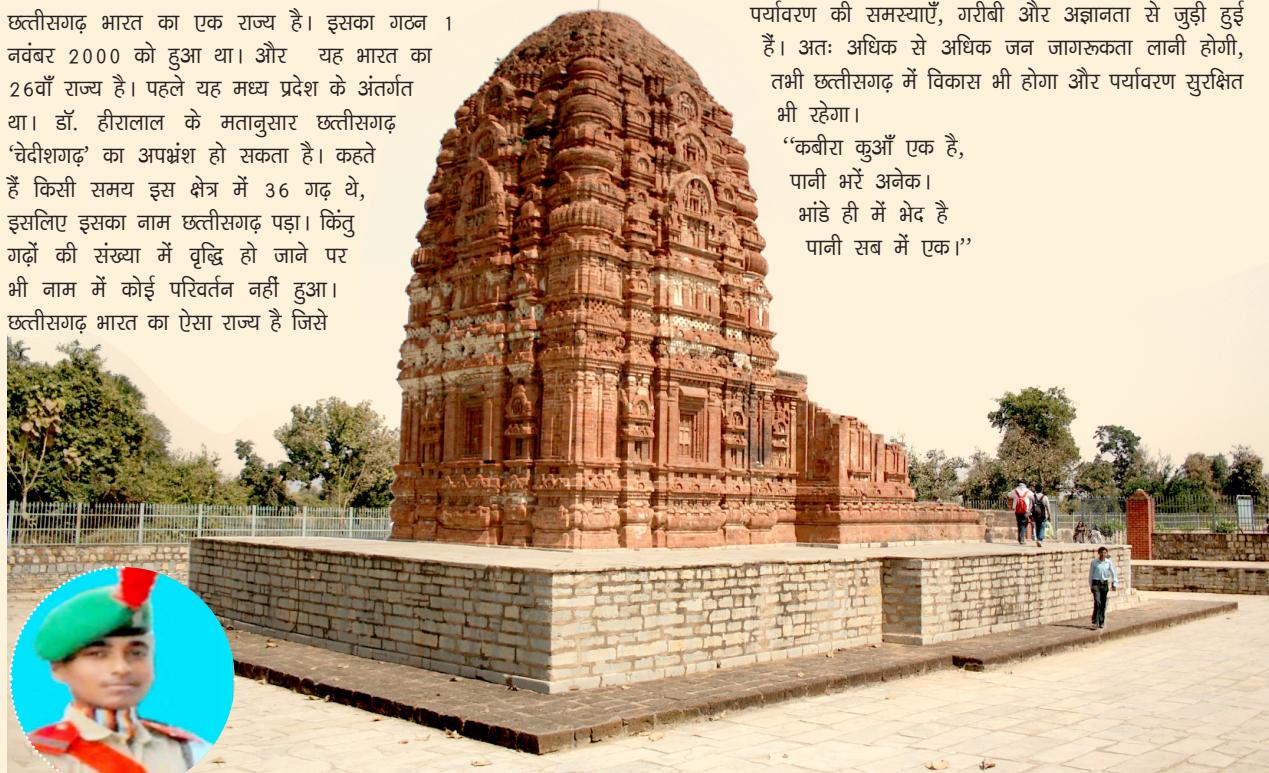
'महातारी' का दर्जा दिया गया है। इसका दूसरा नाम 'दक्षिण कौशल' भी है जो छत्तीस गढ़ों को अपने में समाहित रखने के कारण 'छत्तीसगढ़' बन गया। 'छत्तीसगढ़' तो वैदिक और पौराणिक काल से ही विभिन्न संस्कृतियों के विकास का केंद्र रहा है। एक संसाधन संपन्न राज्य, यह देश के लिए बिजली और इस्पात का एक योत है, जिसका उत्पादन कुल स्टील का 15 प्रतिशत है। छत्तीसगढ़ भारत में सबसे तेज़ी से विकसित राज्यों में से एक है।

"द्वहर गई है वक्त की चाल इंद्रावती की छाँव में, लुक जाते हैं लम्हे खुशहाल, बूढ़ापारा झील के फैलाव में, नज़र लग गई इंसानी रुद्धिहिंसों की, कौशल के इस गाँव में।" छत्तीसगढ़ की संस्कृति में गीत एवं नृत्य का बहुत महत्व है। यहाँ के लोकगीतों में विविधता है। गीत आकार में अमूमन छोटे और गेय होते हैं एवं गीतों का प्राणतत्व है - भावप्रवणता। छत्तीसगढ़ के प्रमुख और लोकगीतों में से कुछ हैं - भोजली, पंडवानी, करमा, बाँस गीत, सुआ गीत, रात गीत और पंथी गीत। इनमें से सुआ, करमा, ढंडा व पंथी गीत नाच के साथ गये जाते हैं। कहा जाता है कि विरासत पा लेना तो फिर भी आसान होता है, लेकिन उसे सहेज कर रख पाना चुनौतीपूर्ण कार्य होता है।

बस्तर और अन्य क्षेत्र नक्सलवाद की गिरफ्त में इसलिए आए, क्योंकि यहाँ अपेक्षा और आवश्यकता के अनुरूप विकास नहीं हो पाया। सरकार को यह भी इसलिए स्वीकार करना चाहिए कि छत्तीसगढ़ में खेती का रखबा कम हो रहा है।

पर्यावरण की समस्याएँ, गरीबी और अज्ञानता से जुड़ी हुई हैं। अतः अधिक से अधिक जन जागरूकता लानी होगी, तभी छत्तीसगढ़ में विकास भी होगा और पर्यावरण सुरक्षित भी रहेगा।

‘कबीरा कुआँ एक है,
पानी भरें अबेक।
भांडे ही में भेद है
पानी सब में एक।’



कैडेट निशांत कुमार

अनुक्रमांक-5933ए कक्षा-दसवींए सरदार पटेल सदन



YOGA



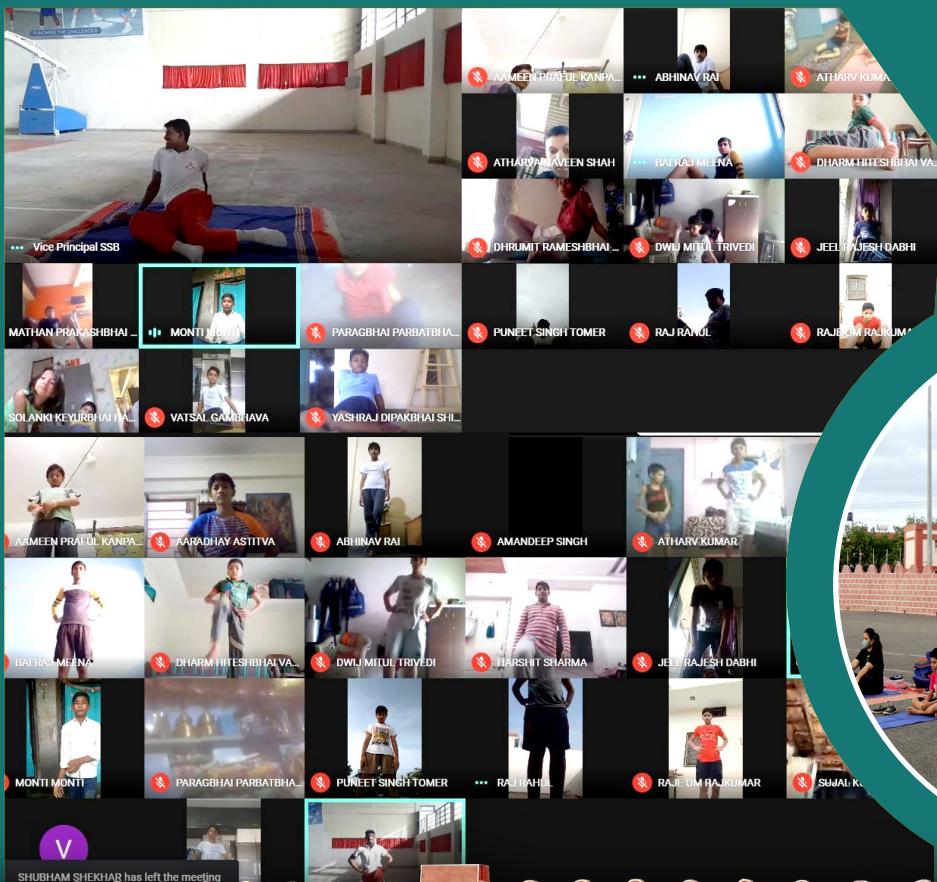
Balachadians Celebrated 6th International Yoga day

Sixth International Yoga Day was celebrated on 21st June 2020 in Sainik School Balachadi, Jamnagar.

This time this international mega event was celebrated in school through online mode.

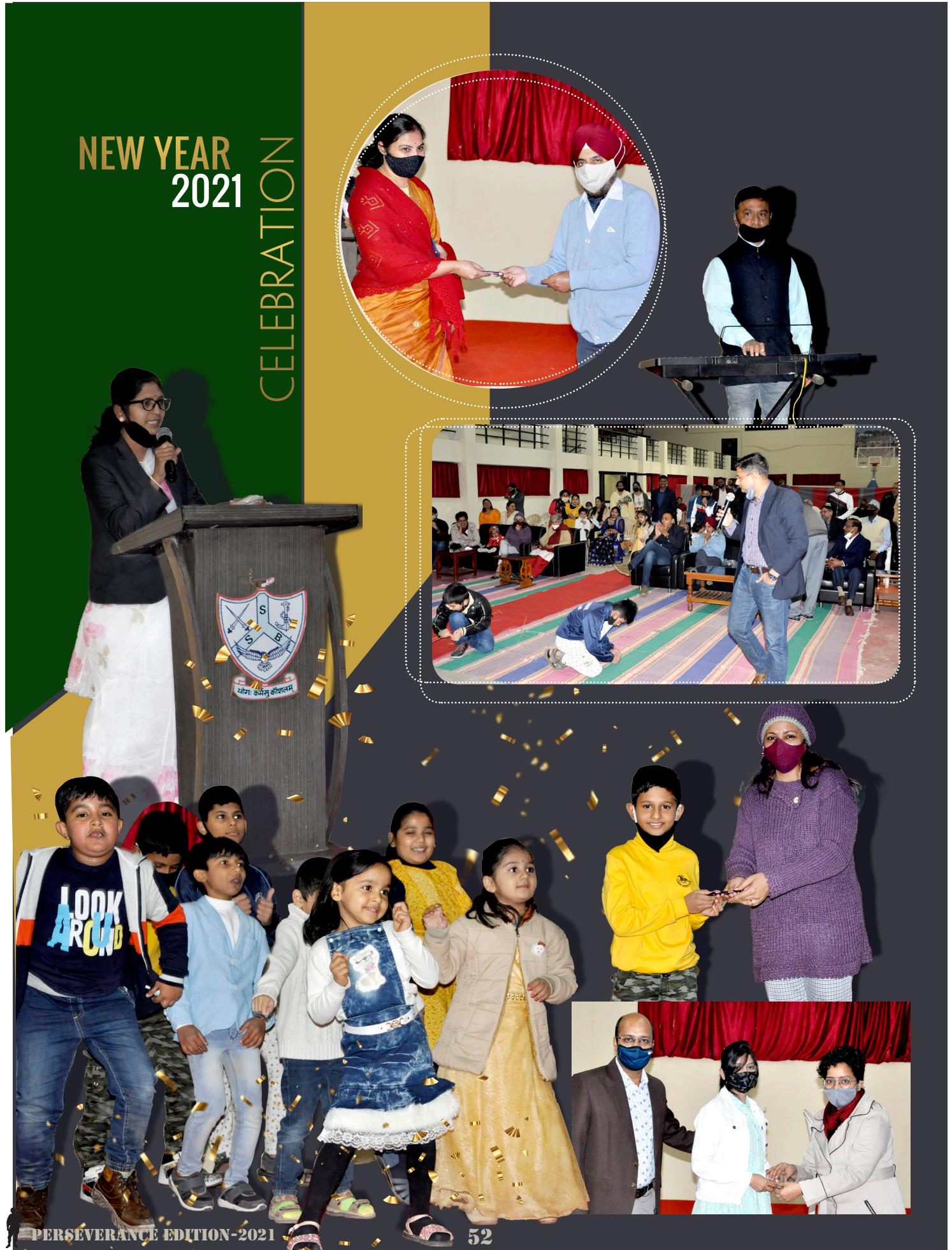
Cadets participated in Yoga session from their home town as per theme **'Yoga for**

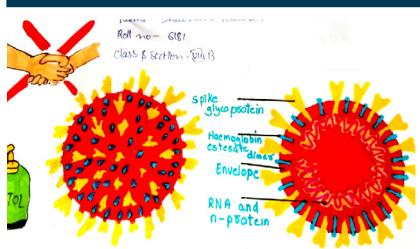
Health - Yoga at Home' through online mode while Officers, Staff and their families performed Yoga in school by maintaining proper social distancing. Cadets and staff performed Yoga under the guidance of school Yoga Instructor Mr. Bhavesh Chandegra and PTI Kumar.



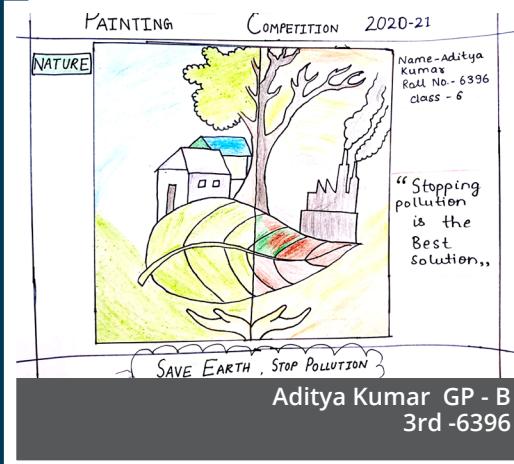
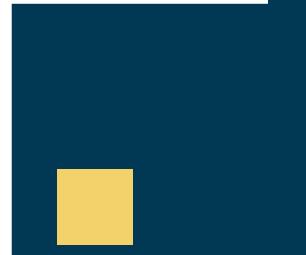
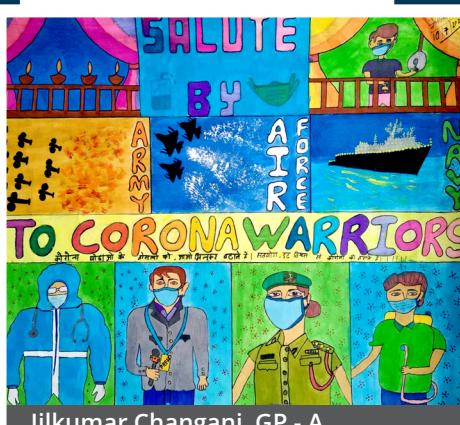
NEW YEAR 2021

CELEBRATION





Shubham Kumar Gp- E
3rd - 6181



59th ANNUAL DAY

Sainik School Balachadi, Jamnagar celebrated its 59th Annual Day through online mode on 24 Dec 2020. Air Marshal SC Mukul PVSM, AVSM, VM, VSM, ADC (Retd), an alumnus of Sainik School Balachadi was the Chief Guest on this occasion.

The event commenced with the lighting of the lamp followed by the Saraswati Prayer. Gp Capt Ravinder Singh, Principal, Sainik School Balachadi presented the School's Annual Report highlighting the prominent achievements and the mission of the school to provide quality education for entry in the Defence Forces as officers. Principal also stated that the school administration is constantly striving hard to improve the standards by introducing innovations in the existing system like providing better infrastructure, adopting new teaching methodologies and updating the existing facilities.





The presentation of annual report was followed by a mesmerising variety programme, "Bandwidth" which included Saraswati Vandana, Patriotic music medley, dance and skit all performed by Cadets in remote & online mode.

The Principal gave away the prizes, trophies and certificates to the cadets who excelled in various Academic, Sports and Co-curricular activities for the year 2019-20. The most coveted 'Cock House Trophy' for the all round performer house was bagged by 'Angre House'. 'Capt Nilesh Soni Trophy' for the best NDA Cadet was awarded to Cadet Vivek Kumar of Sardar Patel House.

Cadet Meet Boda and Cadet Sudhanshu Kumar of Sardar Patel House were adjudged as the 'Best All Round Cadet' while Cadet Yogesh Kumar of Tagore House was adjudged as the 'Best Athlete / Sportsman' of the year. The Chief Guest interacted with the cadets and answered their questions. He appreciated the efforts put in by the cadets and staff for the grand show and also congratulated all those who won the prizes. On this occasion, the online Annual Art and Science exhibition was also displayed. The parents and Cadets also witnessed the Annual Day events and exhibition through live streaming on YouTube.





ડૉ. ભાવેશ ચાંદેગરા
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એક અસત્ય છુપાવવા અનેક અસત્ય જન્મે

અસત્ય એટલે ગુજરાતીમાં મિથ્યા વાત કે જુઠાણું એવો સામન્ય અર્થ નિખળન થાય. આપણે જાણે આજાણે ક્યાંક તેનો સહારો લેઈછે છે તો ક્યાંક સમય જ તેનો સહારો લેવડાવતો હોય છે. જ્યાં સુધી અસત્ય છુપાયેલું રહે ત્યાં સુધી તો કાઈ તકલિફ જ નથી પણ જ્યારે તે ખુલ્લું પડી જાય ત્યારે તેમાંથી અનેક અસત્યો જન્મ લેતા હોય છે. કોઈ પોતાની વાહવાહ માટે અસત્ય બોલે તો કોઈ પેસા, મિલકત, કામગોરી, વગેરે કેટકેટલા પ્રકારે અસત્ય બોલતા હોય છે. અમૃક માણસોને તો તે આદત જ બની જતી હોય છે, તો અમૃક બોલ્યા પછી ઘણા પરસ્તાતા હોય છે. માણસે માણસે તેના પ્રકાર અલગ-અલગ હોવાના. આ અસત્યનો દ્રોમાર્ગ માણસને આનંદ જરૂર આપે છે પણ પકડાય જવાનો ડર રહે છે. પકડાયા પછી જે નાક કાપાય છે તેની રૂજ આવતા ઘણો સમય લાગે છે અને આ રૂજ લાવતા પણ ઘણા અસત્યો બોલવા પડે અને જો કદાચ રૂજ માટે બોલેલા અસત્યો પણ પકડાય જાય તો તો પછી પાક થઈ જાય છે. તેની રૂજ આવવી મુશ્કેલ બની જતી હોય છે. અસત્ય બોલનાર વ્યક્તિને ક્યારેક એવું થાય કે હું ક્યારેય પકડાય જ નહીં તો....પણ અસત્ય બોલતી વખતે શારીરિક અને વાચિક ચેકાથી તમાડું જુઠ પકડાય જાય છે અને ફરી તેને છુપવવા તમે 'ઓરીને ચિકણું' કરવા માંગતા હોય તેમ અનેક નુસકાઓ અપનાવો તો પછી તેવું શું પરિણામ આવે તેની કલ્પના તો તમે કરી શકો છો.

આમ છતાં આ બાબતે માણસે માણસે તકાવત હોય છે. કાયમી અસત્ય બોલતા હોય તેને કોઈ અસર થતી નથી અને એકવાર બિચારો ક્યાક ફસાય ત્યારે અસત્ય બોલે અને જો તેમાં પકડાય જાય તો પછી તેની છાલત જ ખરાબ થઈ જાય છે. તે આ એક અસત્ય છુપાવવા અનેક અસત્યનો સહારો લેઈ છે અને તેમાં કાવી જાય તો પછી અસત્ય બોલવાની આદત પડી જાય છે. આ આદત વાળો માણસ ક્યાચ પકડાતો નથી. આમ તો સત્ય-અસત્યની વાત આવે એટલે આપણને ગાંધીજી જરૂર ચાદ આવે. એક વાર ગાંધીજી ચાર રસ્તા પર ઉભા હતા ત્યારે ત્યાંથી એક ગાય પસાર થઈ, ગાંધીજીએ તે ગાયને જોઈ પણ ખરી. થોડીવારે ત્યાંથી ગાયને કતલખાને લઈ જનાર ખાડકી પસાર થયો. તેણે ગાંધીજીને પ્રછ્યું: 'ગાય કઈ દીશામાં ગઈ?' ગાંધીજીને ખબર હતી ગાય કઈ દીશામાં ગઈ હતી. જો તે સત્ય બોલે તો ખાડકી ગાયને પકડી કતલખાને લઈ જાઈ અને ખોઢું બોલી અન્ય દિશામાં ગઈ તેવું કહે તો

ગાંધીજી અસત્ય બોલ્યા તેવું હરે. એટલે તેમણે ખાડકીને કહ્યું: 'ગાય કઈ દીશામાં ગઈ તે મને ખબર છે પણ મારે તને કહેવું નથી તારે જ કરવું હોય તે કરી લે.' અહીં ગાય પણ બરી ગઈ અને અસત્ય પણ ન બોલવું પડજું.

ગાંધીજીની આ વાતનો હાઈ એ જ છે કે ધર્મસંકટ સમયે અસત્ય બોલવામાં કશું નુકસાન નથી પણ એક વાર ધર્મસંકટનું અસત્ય બીજીવારના અસત્યને જન્મ આપે છે. આમ કોઈ પણ વસ્તુની શરૂઆત તો સારા માટે થતી હોય છે પણ પછી તે જ વસ્તુ નરસી બાબતને પણ જન્મ આપી શકે છે. માણસમાં એક અનુવાંશિક અસત્ય બોલવાની આદત પણ જન્મ આપે છે. બાળક માતા-પિતા કે ધરના કોઈપણ સભ્ય અસત્ય બોલે ત્યારે તેનું અનુરણ કરે છે અને પછી અસત્ય બોલવાની આદત પડે છે. દરવાજે કોઈ માણસ પિતાને બોલવતા હોય એટલે પિતા પોતાને સંતાનને કહે: 'પેલા માણસને કહી દે મારા પાપ ધર પર નથી.' હવે જો પિતાજી ધર પર હોય અને તે છોકરા પાસે આવું નાનું એવું અસત્ય પણ બોલાવે છે તે આગળ જતા તો છોડની જેમ મોઢું થતું જાય છે.

એક સંશોધનમાં પણ પૂરવાર થયું છે કે અસત્ય બોલવાથી માણસનું નૈતિક રીતે તો પતન થાય જ છે પણ સાથે શારીરિક અને માનસિક રીતે પણ પતન થાય છે. અસત્યરૂપી ક્ષણિક આનંદથી દીર્ઘ આનંદ તો છિનવાઈ જાય છે. ક્યારેક આપણને એવું થાય કે મેં એક નાનું એવું જુઠાણું ચાલાવ્યું એમાં શું? મેં કોઈનું ખૂન થોડીને કરી નાખ્યું. આ એક નાના એવા સત્યની ઇતિશી અંત સુધીની કહાની સાંભળો તો ખબર પડે કે તેનાથી કેટલું નુકશાન થાય. ધરમાં કોઈ વડિલ અસત્ય બોલે ત્યાં દીકરો સાંભળો તે પણ ક્રિએ, બીજા બે મિત્રોને પણ બોલવતા શિખવાડે અને બીજા બે મિત્રો પણ પાંચને શિખવાડે અટલે કહેવાનો મતલબ એજ છે કે અસત્ય એ અનંત છે. તેની કોઈ સીમા નથી એમાં પણ માણસ પાવરથો બની જાય પછી તો પોતાને બુદ્ધિશાળીનું લેબલ લાગવી દે છે. આમ પણ જુઠ બોલવું આસાન નથી કારણ કે તેમાં એક સમયે બે વસ્તુનું ચાદ રાખવી પડે: એક સત્યને છુપાવવું પડે અને અસત્યને દેખાડવું પડે અને બીજું સત્ય સાથે જોડાયેલી તમામ વાતને છુપાવવી પડે. સાથે સાથે તેને અસત્યને સત્ય સાબિત કરવા નાની નાની વસ્તુને સામેલ કરવી પડે



Choosing may took a while for me. I couldn't just choose anyone. I didn't think. It took a lot of time for me. I wanted to pick someone who has really done something to be proud of and that people will remember them by. After careful thought and consideration I chose Kalpana Chawla.

What I learnt from **KALPANA CHAWLA**

Despite of countless social, cultural restrictions in a male dominant society, where the girls are not given freedom to grow and learn, she paved a path for girls to fulfill their dreams. She taught the World to stick to dreams by overcoming failures. I learnt Perseverance from her.



Cdt Harsh Raiya
6357 Class : VI

સત્તાહ અને કાર્ય



કુદુર દેવાંશ ભાયાણી
(૫૨૩૦) ૮-અ, શિવાજી સદન એક નવું જ ચિત્ર બનાવીને બીજે દિવસે
પણ એણે એક બીજો પ્રયાસ કર્યો.
એણે દીવાસ પર લટકાવી દીધું અને નીચે લખી દીધું કે
‘આ ચિત્રમાં જે પણ સુધારો કરવા જોવો
લાગે એ વ્યક્તિએ પોતે જ કરી લેવો અને આખર્યો સર્જયું.
એ ચિત્ર પર ન કોઈએ નિશાની કરી કે
ન એ ચિત્રમાં કોઈએ સુધારો !

TIME AND TIDE Wait For None



Cdt Sumit Raj, 6034
Class IX

Time is Timeless. Time is Money. Time is Power. Understanding the value of time is crucial for each one of us to get to know the value of time. It is essential to learn the effect of time on us. For most of us, to feel the impact of time on us is a considerably pointless exercise. But if, someone looks at the things closely, one might understand that time has an enormous effect on us. One of the most noticeable effects of time on us is our age. As time goes by, we age in our health, mind and body. Time indirectly makes weak and feeble and brings us close to death. That is one of the most straight-forward explanations of the effect of time on our existence. The value of time thus, lies in how we are controlled by it and yet do not get to feel it.

Time is Tireless it waits for none whether rich or poor, young or old, Living or dead. So value it. If we waste it, it will waste us.



કોરોનાનું કર્તૃત્વ અને આપણું કર્તવ્ય



અંકિત કલથિયા(પ૮૭૮)

૧૧-અ, આંગ્રે સંદન



પહેલાના જમાનામાં માણસો ખબર અંતર પૂછવા ટપાલ લખતા અને આજે ફોન કરે છે અને એથી પણ આગળ વિડિયોકોલનું ચલણ તો ઘરે ઘરે જોવા મળે છે. માણસ ગમે તે માધ્યમથી વાત કરે પણ તેની વાતચિતનો કોઈને કોઈ મુક્કો હોય છે. વરસાદ સમયે: 'કેવા છે વરસાદ પાણી ?' અને ચુંટણી ટાણે: "શું કહે ચુંટણી ? બાજપ આવશે કે કોગેસ ?" આવી સમાચારના મુદ્દાપુર કોઈને કોઈ બાબત હોય છે. આજે વારસાદ કે ચુંટણી જેવા તમામ મહત્વના સમાચારના મુદ્દાને તોડીને એક મુક્કો મહત્વનો બની ગયો છે અને તે છે 'કોરોના' ફોનમાં પહેલા જ પૂછીએ: "શું કહે કોરોના ? તમારે કોરોનાના કેટલા કેસ છે ? કોરોનાનો રીપોર્ટ શું આવ્યો ?" બસ આ જ સમાચાર મહત્વના બની ગયા છે. એક સમાચારપત્રમાં લગભગ 'કોરોના' શર્દની ગણતરી કરીએ તો સોએક વાર તો આવતો જ હશે. હવે તો કદાચ એવું લાગે છે કે કોઈ નવા જન્મેલા બાળકનું નામ રાખવું હોય તો 'કોરોના', 'કોરોનાઈન', 'લોકડાઉન', 'સેનેટાઈઝ', 'ક્રોનિડ' જેવા લેટેસ્ટ નામ રાજે તો નવાઈ નથી. આ મુક્કો બધાથી મહત્વનો બન્યો તેનું એક કારણ સમય પણ છે. ચોમાસું બે કે ત્રણ મહિના રહે, ચુંટણીનો માહોલ એક બે મહિના ચાલે પણ આ કોરોનાનો માહોલ તો દોઢાદીઢ વર્ષ ચાલ્યો અને હજુ પણ કેડો મુક્તો નથી. કોણ જાણે હવે ક્યારે વિદાવ લેશે !

આપણે ટેકનોલોજીની એટલી હરણફળ ભરી છે કે મોબાઇલ, ઇન્ટરનેટ, વોટ્સએપ અને ફેસબુક આપણા પોતાનાને આપણાથી દૂર કરી દીધી છે, ત્યારે કદાચ એવું લાગે છે કે ભગવાન પણ માણસને જલક બતાવવા માંગતા હોય તેમ કહે છે કે ભાઈ મારે તો તમને અલગા કરવા હોય તો આ ત્રણ અક્ષર જ કાફી છે: 'કો', 'રો', અને 'ના'. તેના કારણે માણસ માણસથી દૂર ભાગવા લાગ્યો છે, દિશા અને દશા બદલાય ગયા છે. કેટલાકની આધીક રીતે કમર તોડી નાખી છે તો કેટલાકની શારિરીક અને માનસિક હાલત કફોઈ બનાવી દીધી છે. સાથે સ્વજનોને ગુમાવવાની આકરી પીડા તો ખરી જ. કેટલાક કહે: "બગાવાન આ તે શું કર્યું ?" તો કોઈ કહે આ કાળા માથાના માનવીને સબક શિખવવા તારા ગ્રીજ નેત્રમાંથી પસાર થતી દ્વારા જરૂર હતી. ભલે દ્વારા કુદરતની પણ તે દ્વારા



પ્રવૃત્ત કરવા વાળો તો કાળા માથાનો માનવી જ છે. તેણે ટેકનોલોજીની હરણફળ પાછળ વૃક્ષો, પ્રાણીઓ, જંગલો. ઝરણા ને નદીઓનું નિકંદન કાઢી પ્રકૃતિને વિકૃતી તરફ ધકેલી દીધી છે. ત્યારે 'કોરોના' માનવ સજ્જિત આપતી કહેવામાં કોઈ અતિસ્થોક્ષેત્ર નથી પણ માણસ પોતાની જવાબદારીમાંથી ખસ્તો જાય છે. તેના માટે જ કારણ જવાબદાર હોય તે, પણ આજે કોરાનાનું કર્તૃત્વ ફૂલ્યું ફૂલ્યું છે તેમાં કોઈ બે મત નથી. આ ઉંબરે આગેલી પરિસ્થિતિને ખાળવા આપણું કર્તવ્ય છે કે આપણે માસ્ક પહેરીએ, હાથ સેનેટાઈઝ કરીએ, સામાજિક અંતર જાળવીએ, કામ વગર ધરની બહાર ન જ નિકળીએ. સમયસર વેક્શિન લઈએ, આરોગ્ય કર્મચારીને સહકાર આપીએ અને સરકાર દ્વારા બહાર પાડવામાં આવતા નિયમોનું ચુસ્તપણે પાલન કરીએ. અહીં સવાલ એ થાય છે કે કેટલા લોકો પોતાના આ કર્તવ્યનું પાલન કરે ? હા, "દૂધનો દાઢ્યો છાશ પણ કુંકી કુંકી ને પીવે છે" તે કહેવત પ્રમાણે જેણે આ કાળમુખો રાક્ષસ નજરો-નજર જોયો છે કે અન્ય દ્વારા અહેસાસ થયો છે તે તો સભાન બની ગયો છે. પણ શું કર્તવ્યનું ભાન કરવા બધાને આ રાક્ષસના દર્શન કરવવા જરૂરી છે ?

આ કર્તવ્યના પાલન માટે માણસનો દ્વારા અને મનોવલણ જવાબદાર છે. એક માણસ વાત કરે છે કે, "અરે! કોરોનાથી કાઈ થતું નથી ખાલી તાવ અને શરદી આવે" તો બીજો માણસ કહે: "કોરોનાથી હમણા જ મેં સ્વજન ગુમાલ્યું છે." હવે ખાલી તાવ શરદી વાળા માણસનો દ્વારા અને સ્વજન ગુમાવવા વાળા માણસનો દ્વારા અને સ્વજન ગુમાવવા લાંબા પણ સાચી વાત કઠાવવા ડરાવે-ધમકાવે ત્યારે ગુનેગાર લાઈન પર આવે ને પોપટની જમ બોલના માંડે. હવે તો ખુદ કોરાના પણ ચરમસીમા પર પહોંચીને આપણે ડરાવી-ધમકાવીને કર્તવ્યનું પાલન કરવવા સભાન બનાવી રહ્યો છે. આ વૈશ્વિક મહામારીને નાથવા સરકારનો પોલીસ વિભાગ કચાંક દંડ તો કચાંક દંડાવારી કરીને લોકોને કર્તવ્યનું પાલન કરવવા મથામણ કરી રહ્યો છે. માણસ જ્યારે સમજે નહીં ત્યારે સમાજના સાથા લોકો ઊંધા કાન પકડાવીને પણ સમજાવે છે. તેમાં કોઈ કહે વેક્શિન નહીં લો તો એકમાંથી પેસા જતા રહેશે તો કોઈ કહે છે આજે આપણા ધર્મગુરુએ વેક્શિન લેવા ફરમાન કર્યું છે, સમજાવવાની જે રીતે હોય તે, પણ આજે લોકો વેક્શિન લેઈ તે ખુબ જરૂરી છે. જો કે કેટલાક અંશે લોકો સમજ્યા પણ સાચી સમજ તો ત્યારે જ કેળવાશે જ્યારે માણસ પોતાના મનથી સમજજો.





કેદે ધર્મ વાધાણી (૬૨૪૪)
૭-અ, પ્રતાપ સદન

દૃઢતા



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Class - VI

Why do sunflowers Follow the sun ?

The beautiful butter-yellow sunflower gets its name because it seems to be stretching its stem so that its head always faces the sun. The scientific name for this lovely flower is – Helianthus – Helia and Anthus means Sun and Flower respectively.

The Sunflowers follow a certain course to bloom. On a sunny summer day, the sunflower with its big and bright face seems to be always smiling at you, making you feel pleasant. People get attracted to the sunflower of the positive image it present. It teaches us many lessons of life. In the same manner, if you have good thought, they will shine out of you face like sun beams and you will always look lovely. Like the Sun contributes to the sunflower's being radiant and let your good thoughts guide you and shine from within making every day love you for your positive disposition and character.

I am ready
to be a
Sunflower.

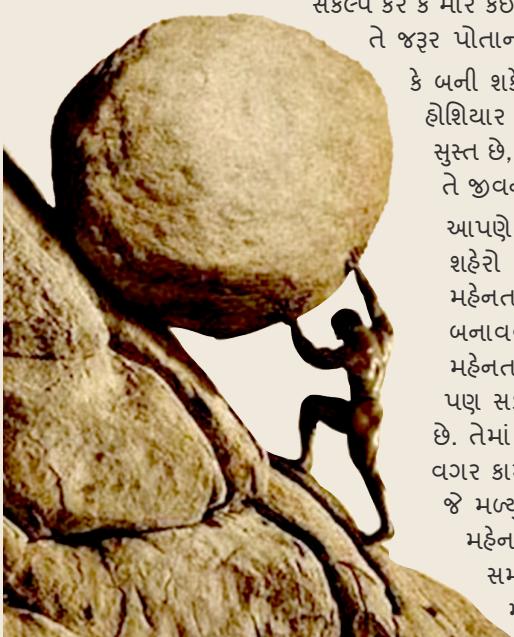
દૃઢતાએટલેનિશ્વિતપણેકાર્યચાલુંરાખવું.તેપછીમુજ્કેલહોય કે કંટાળ જનક. દૃઢ નિશ્ચય વાળી વ્યક્તિ ગમે તેવી પરિસ્થિતિ સામે લડીને પણ પોતાનું ધોય પ્રાપ્ત કરી શકે છે. આપણે જોયું હોય કે નાનું બાળક સીધે-સીધું ચાલતા નથી શિખતું. શરૂઆતમાં ગોઠણભર ચાલે પછી પગે ચાલવા પ્રયાસ કરે તેમાં પણ ઘણી વાર પડી જાય અને ફરી ઊંચું થઈ ચાલવા પ્રયાસ કરે છે. આમ અનેકવાર પ્રયાસ કર્યા પછી આખરે તે ચાલતા શિખે છે. આ રીતે વારંવાર નિષ્ફળતા મળવા છતાં પ્રયત્નશિલ માણસ પોતાની હાર સ્વીકારતા નથી. તે વારંવાર પ્રયાસ કરે છે અને અંતે સફળતા મેળવે છે.

દૃઢતા એ સફળતાનું રહસ્ય છે. તેના વિના કોઈ મોટી સિદ્ધિ શક્ય નથી. કોઈ વિદ્યાર્થી જો હોશિયાર કે પ્રતિભાશાળી ન હોય પણ દૃઢ સંકલ્પ કરે કે મારે કંઈક કરવું છે કે કંઈક બનવું તો તે જરૂર પોતાના જીવનમાં તે કંઈક કરી શકે

કે બની શકે છે. સામે પણે કોઈ વ્યક્તિ ખુબ હોશિયાર કે પ્રતિભાશાળી હોય પણ સ્વભાવથી સુસ્ત છે, પરિશ્રમ કરવા માટે અનિયા રાખે છે,

તે જીવનમાં ભાગ્યે જ સફળતા મેળવે છે.

આપણે જાણીએ હીએ કે સ્મારકો, ઈમારતો, મંદિરો, શહેરો વગેરે બનાવવા માટે લાંબા સમયની સખત મહનત રહેલી છે. રોમ નામના એ સુંદર શહેરને બનાવવા ઘણા વખ્ચો લાગ્યા હતા. હજારો માણસોનો મહનતને કારણે આવી ઈમારતો ઉભી થાય છે. વિજાનિકો પણ સફળતા માટે વખ્ચો સુધી રાત દિવસ પ્રયોગો કરતા રહે છે. તેમાં તેને અનેક નિષ્ફળતા પણ મળે છે છતાં તે હિંમત હાર્યા વગર કામ કરતા રહે છે. આખરે તેમની મહનત સફળ થાય છે. તેને જે મળ્યું તે જાદુ કે કોઈ કુપાથી નહીં પણ દૃઢ નિશ્ચય સાથે કરેલી મહનતથી જ મળ્યું છે. માનવ જીવનમાં પણ સફળતા માટે ઘણો સમય લાગે ત્યારે હિંમત હાર્યા વગર ધીરજ પૂર્વક અને દૃઢતાથી મહનત કરીએ તો જરૂર સફળતા મળે. એટલે જ કોઈક કહ્યું છે- “મન અસ્થિર હોય તેને રસ્તો નથી જડતો, અડગા મનના મુસાફરને હિમાલય નથી નડતો.



Perseverance:

A NEED OF TODAY'S STUDENTS

Success comes to those who continue to make efforts to achieve something in their life despite failures, difficulties or opposition. It shows how much sacrifice one is willing to attain success in their life and this virtue is known as perseverance. This year has not been as easy one for us as a school body. This year was considered as one of the most challenging year in the centuries. Everywhere there was struggle to survive and continue our life in a new-normal way and to overcome these challenges everyone found their own way.

Initially everyone find the new system very enthusiastic and there was a race to acquire this new system and adapt to the new life style. Initially this technology poses many challenges to educators as well as students but through continued efforts most of these challenges were overcome. Now, in the life of boarding school students comes the biggest problem as they were living in boarding school. They were having all the facilities like guidance, counseling, getting personal doubts cleared available round the clock. But now they have reached to their home and found the new system helpful, but it had left a very deep imprint on their life

Now they are having this facility available virtually which has become least interesting due to prolong exposure, leaving the students piled up with lots of doubts and



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Class-XII

eventually they are landing up in a situation where they left studies. Nelson Mandela has quoted that "The greatest glory in living lies not in falling, but in rising every time we fall". So it is not wise that you are not getting doubt, but you are not wise if you are not getting your doubts cleared. So here comes the role of perseverance. The students should be guided again and again to practice perseverance to encounter the difficulties of their life.

In home, students are also having the extra pressure of many distractions like attending various ceremonies, celebrations, enjoying with friends and no time bound for anything.

This year was a year where we require the perseverance most and it is not new that we are going to preserve, we have learnt perseverance from our childhood only, when we started to walk, on that time we used to tumble many times but we rise again to walk. So if we have already practiced something earlier why can't we practice it now. So to be successful in life, we must adapt the virtue which we have learnt unknowingly in our childhood.

વીર સૈનિક



કેદેટ ગુંઠ રામાણી (૫૧૦૬)

૮-અ, ટાગોર સદન

નથી બનવું ડોક્ટર કે એન્જિનીયર,
બનીશ હું એક વીર સૈનિક.
મારી અડગા જોઈ ચાલ,
કુશમનો થઈ જશે બેહાલ.
રહેશ જોમ-જુસ્સો મારો કાયમ,
આફતો થઈ જશે હંમેશા ગાયબ.
દેશ સેવા કરવા કાજ,
મેળવીશ સૈનિક કેરો તાજ.
રહેશ શાંતિ ને સો ખુશાહાલ,
મા-લોમની બનીશ એવી ફાલ.
કરવા દેશ બંધુઓની સેવા,
ભૂલીશ દૃઢ દર્દ સઘણા.
કરીશ ફના કુશમનોની સૌ હરકતો,
રાખીશ તીરંગો સદા આકાશે ફરકતો.
ઉજ્જવળ ભારતની હું છું શાન,
મા- ભારતીના ચરણોમાં મારા વંદના!



Studying in Sainik School, it's a dream for every cadet to join All India Mountaineering Expedition. And I was no different. So when I came to know that my name was selected for this Expedition I was on cloud nine. I started preparing for it. Coming from plain area I was very excited to meet the mountains. I had read a lot about beauty of mountains and life changing experiences of the climbers.

Finally the day came when we had to report at Sainik School Kunjpura. I, along with my buddy reported there. At Kunjpura, we met cadets from other Sainik Schools of India. In fact, I met some of the best people in my life over there. Our journey to the mountains started from there in a bus. We reached Manali via Chandigarh in the early morning.

In the month of June we were feeling chilling cold over there. Mountain peaks were covered with snow was visible from Manali bus stand. Many of us were witnessing such scene for the first time in our life. Sunlight falling on snow was making it glitter like Gold.

Going through the paths less walked on, within three hours we reached at a place where our guide decided to camp. There we learnt how to fix a tent. At that altitude we were out of network and electricity. So we had switched off our phones to use later. This gave us



My Experience of MOUNTAINEERING



Cdt Aman Kumar, 5670

Class : XII

time to know more about each other. This way we all came close to cadets from other schools and became good friends.

After two days we went further from there to Seri (our decided

Base Camp). Now this was a tough journey. After about 05 hours of tedious trekking we reached Seri. As soon as we reached there it started raining. At Seri, during training we learnt how to walk on Snow, how to come down etc. After few days of training, one day in early morning we started our journey Chandratal Glacier (our camp before peak). On the way we faced so many difficulties, but thanks to our training we overcame it. At that time in my mind came that why I am facing all this, the fun I had imagined was nowhere seen. I wanted to come back to normal life, but again giving up is not a trait of Sainikian. I realised I wasn't alone there, I was carrying the name of my school with me. And this thought kept my morale high to face all the difficulties. The day we stayed at Chandratal. Next day our final journey to the peak started. Around 03 AM we started walking towards the peak and at 07 AM we were at Norbu, raising our National Flag, our school flag and Ministry of Defence. The view from there, the confidence of conquering that peak made me realise that all the difficulties I had faced was worth it.

LESSON: - Every time life won't go exactly the way you wanted it to be, but you need to keep moving and you will reach your goal.

दृढ़ता



कैडेट धर्म एच. वाधानी
अनुक्रमांक-6244
कक्षा-सातवीं प्रताप सदन

'दृढ़ता' का अर्थ है दृढ़तापूर्वक जारी रखना, विशेष रूप से ऐसी चीज़ में जो कठिन हो। दृढ़ता की गुणवत्ता विकसित करने के लिए इसे नियमित अभ्यास की आवश्यकता होती है। दृढ़ निश्चय वाला केवल धैर्यवान ही दृढ़ता से अपने लक्ष्य को प्राप्त कर सकता है।

जब बच्चा खड़ा होना सीखता है और चलने की कोशिश करता है, तो वह बार-बार नीचे गिरता जाता है। स्वभाव और वृत्ति से वह उठ जाता है, और फिर से आगे बढ़ने की कोशिश करता है। अधिकारक वह चलने में सफल हो जाता है। यह बात सबके साथ होती है, जब हम जन्मे थे। इसी प्रकार बार-बार असफलताओं के बावजूद दृढ़ता रखने वाले व्यक्ति अपनी हार को स्वीकार नहीं करता है। वह बार-बार कोशिश करता है, और अंत में उसे सफलता मिलती है। लग्नशील व्यक्ति वह होता है जिसके पास जबरदस्त आत्मविश्वास और अदम्य दृढ़ संकल्प और कठिन श्रम के प्रति एक स्वाभाविक आग्रह होता है।

दृढ़ता ही सफलता का रहस्य है इसके बिना कोई बड़ी उपलब्धि संभव नहीं है। यहाँ तक कि अगर कोई व्यक्ति बहुत प्रतिभाशाली नहीं है और न ही अत्यधिक जानकार बल्कि औसत योग्यता के बावजूद वह दृढ़ता से जीवन में सफल होगा।



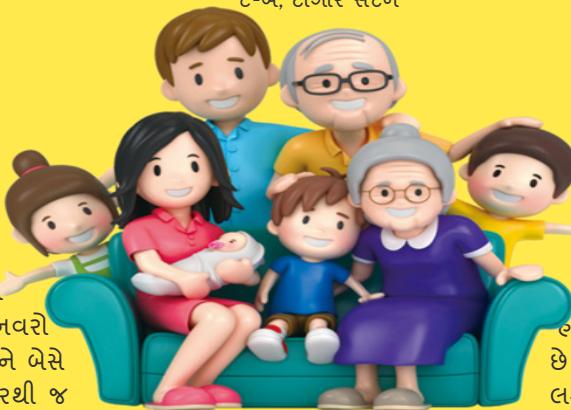
માતા પિતાની વૃક્ષ તરીકેની સુવાસિતભાવના



હેત કરકર(૫૨૨૮)

૮-બ, ટાગોર સદન

એક ખૂબ નાનુ ગામ હતું. તે ગામમાં ચારે બાજુ પ્રકૃતિની મહેક ફેલાયેલી હતી. ગામમાં એક નાનુ બાળક રહેતું હતું, આ બાળકને પોતાના ગામમાં નદી ડિનારાથી થોડું દૂર આવેલું એક સફરજનનું ઝડપ ખૂબ જ ગમતું હતું, જ્યારે પણ બાળક નવરો પડે કે સફરજનના વૃક્ષ નીચે જઈને બેસે અને ખૂબ લાગી હોય તો વૃક્ષ પરથી જ સફરજન તોડી ખાય લેતો, વૃક્ષની આસપાસ છાયડો રહેતો એટલે બાળક રમી-રમીને થાકે એટલે ત્યાંજ સૂઈ જાય, પેલા વૃક્ષને પણ આ બાળક સાથે સમય વિતાવવાનું ખૂબ જ ગમતું. આ નાનંકડા બાળક અને વૃક્ષ વચ્ચે ખૂબ જ ગાઢ સંબંધ બંધાઈ ગયો, એકબીજા વગર ચાલતું નહીં. પરંતુ કહેવાચ છે ને કે દરેક સંબંધની એક ઉંમર હોય છે. પેલો બાળક ધીમે ધીમે મોટો થવા લાગ્યો, ભણતર ગણતરના કામમાં એટલો વ્યસ્ત રહેવા લાગ્યો કે તે સફરજનના વૃક્ષ પાસે આવતો એકદમ બંધ થઈ ગયો, સફરજનના વૃક્ષને એ બાળકની આદત પડી ગઈ હતી તેથી બાળકની યાદમાં રજ્યાં પણ કરતું, એક દિવસ બાળકને પોતાના તરફ આવતા જોઈને વૃક્ષને પાછી આશા જાગ્યો, બાળક જેવો નજીર આવ્યો કે વૃક્ષ બાળકને જોઈને ખૂશ થઈ ગયું અને કહ્યું. “તું ક્યાં ચાલ્યો ગયો હતો, હું રોજ તને યાદ કરતો હતો. ચાલ, હવે આપણે બંને સાથે રમીએ” પરંતુ બાળક હવે મોટો થઈ ગયો હતો તેથી વૃક્ષને કહ્યું: “હવે મારી ઉંમર રમવાની નથી. મારે ભણવાનું છે પણ મારી પાસે ફી ભરવાના પૈસા નથી.” વૃક્ષે કહ્યું: “તું મારા સફરજન તોડીને લઈ જા, બજારમાં વહેંચી નાખજો એટલે તને ઘણા પૈસા મળશે. એમાંથી તું તારી ફી ભરી દેજો” બાળક વૃક્ષ પરના બધા જ સફરજન ઉતારી લીધા અને ચાલતો થયો. ફરીથી તે ત્યાં કંઈ ડોકાયો જ નહીં. આપણે પણ



કોઈક વાર એવું જ કરીએ છીએ જ્યારે મુશ્કેલીના સમયમાં કોઈ આપણને મદદ કરે છે ત્યારે આપણે તેનો આભાર તો માનીએ છીએ, પરંતુ પછી તેને ભૂલી જઈએ છીએ. પરંતુ અહીં વૃક્ષ બાળકની રાહ જોતું રહ્યું.

કેટલાક વર્ષો વિતી ગયા. એ બાળક હવે યુવાન થઈ ગયો. એક દિવસ એ આવે છે અને વૃક્ષને કહે છે કે: “હવે તો મારા લાંજ થઈ ગયા છે, મને નોકરી મળી છે.

એનાથી ઘર તો ચાલે છે. પણ હવે મારે મારું પોતાનું ઘર બનાવવું છે. મારે થોડા પૈસાની જરૂર છે” વૃક્ષે કહ્યું: “તું ચિંતા ન કર મારી બધી જ ડાળીઓ કાપીને લઈ જા અને તેને વહેંચીને તાડું ઘર બનાવ” યુવાન વૃક્ષની ડાળીઓ કાપી અને ચાલતો થયો. વૃક્ષ હવે સાવ ડાળી વગરનું થઈ ગયું હતું. કોઈ એની સામે પણ ન જોતું. યુવાન ક્યારેય પાછો આવ્યો નહીં અને હવે તો વૃક્ષે પણ આશા છોડી દીધી હતી કે યુવાન એની પાસે આવશે નહીં. આ વૃક્ષ બીજ કોઈ નહીં પણ આપણા મા-બાપ.

નાનપણમાં મમ્મી-પપ્પા સાથે રમવું આપણને બધાને ખૂબ ગમતું. મમ્મી-પપ્પા પણ આપણને લાડ પ્યાર કરે અને આપણી ખૂબ કાળજી રાખે. જેમજેમ આપણે મોટા થતાં ગયા, તેમ તેમ હાથમાં મોબાઇલ, ગાડી અને કગ્ગ્યૂટર જેવી સુવિધાઓ કરી આપનારા મા-બાપ માટે આપણી પાસે સમય ઓછો થતો ગયો. મોબાઇલ કગ્ગ્યૂટરમાં એટલા ધૂસી ગયા કે મમ્મી પપ્પા અને આપણી વચ્ચેનું અંતર વધવા લાગ્યું છે. આપણને આગળ ભણવાવા માટે પોતે પોતાની ડાળીઓ કાપીને એટલે કે મહેનત મજૂરી કરીને ફી ભરવાના પૈસા કરી આપે અને આપણે બધા બદલામાં શું આપીએ? ભણીણાં મોટા તો બની જઈએ પરંતુ પોતાના સપના પુરા કરવાની હોડમાં મા-બાપને બાજુમાં કરી નામીએ.



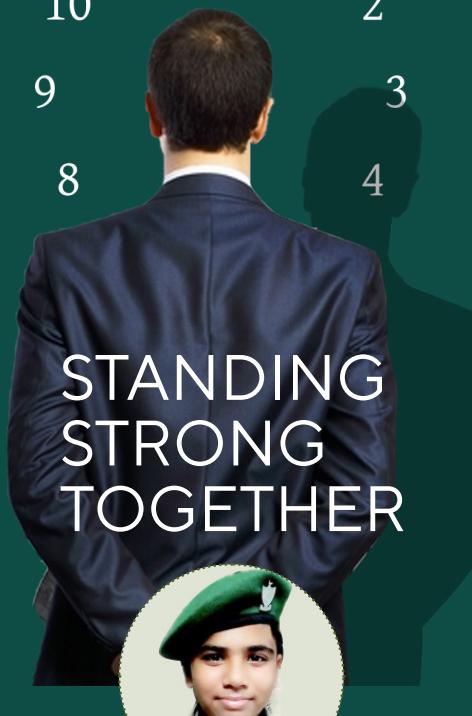
Cdt Krish Vadher
6440 Class : VI

Journey from a child to a CADET

First time in uniform, was that much proud
Like roaring coming from inside, very very loud,
Like courage of inside, never getting low

As in front of our Nation, all of us bow,
Like following the truth and never speaking lie
As getting to fly in all the seven skies,
Threatening and sayings now don't make me scare Because
dressing in uniform makes myself fair,
Smell of the uniform is in my blood and in my veins
I can't see my uniform with any of the stains,
As stopping the wrong thoughts, changing them to new As
importance of uniform, is known by very few,
As made changing direction, following the new way And
now in further words, I don't know what to say
Proud to be a cadet.





Cdt Tirth Purohit
6170 Class - VIII

Perseverance: Steadfastness in doing something despite difficulty or delay in achieving success. Perseverance is an essential element when you need to achieve a high level of success. It is a great tool to use, and it doesn't require any college education or training. It comes naturally and requires a strong will. It doesn't matter what your goal is or how long it takes you to reach that goal. The chances of your success depend largely on your willingness to persist and persevere. If you truly want something, but you quit, you'll never know if it would've come true for you. All it takes is one "yes" for your dreams to become a reality. Don't stop trying.

Perseverance means, to go on no matter what is in the way, to remain steadfast in accomplishing the difficult task. It requires a higher level of patience to develop perseverance in you.

Perseverance can be summed up to mean you're committed to your goal. Additionally, it enhances the goal's value for you and intensifies your motivation level. It leads you to wonderful findings, and broadens your knowledge about yourself and your goals.

It is a well-established fact that success is not achieved overnight. There is no such thing as get rich fast successes in the world. The road to success is a slow and quite precarious journey at times. It takes hard work and time to build up and makes you solely responsible for your progress.

Perseverance that's the key to a successful life. If you keep persevering long enough, you will achieve your true potential. Just remember, you can do anything you set your mind to, but it takes action, persistence, and the courage to face your fears.

मेदी प्रेरणा – शिवाजी महाराज

शिवनेरी में लिया जब्म,
शिवाजी राजे नाम था।
लेकर तलवार निकला अंग में,
मराठ वीर जवान था।
जीजाबाई का शिव,
पूरे हिंद स्वराज की शान था।
मराठाओं का दाता,
वह मराठों की जान था।
भौकते दुश्मन के सामने,
वह अकेला शेर की दहाड़ था।
कोई उसे न तोड़ सके,
ऐसा वह पहाड़ था।
सीने से फौलादी लेकिन
दिल से वह नरम था।
बाह्य शासन मिटाने के लिए,

उनका खून गरम था।
अवाम की सेवा करना,
यही उनका कर्म था।
हिंदू-मुस्लिम को साथ ले आया,
इंसानियत उनका धर्म था।
शासन की नींव हिला दी,
मराठाओं का वीर था।
ओरंगज़ेब की कैद से भागा,
दिमाग से शतिर था।
भगवे का बढ़ाया मान,
जाबांज वह शूरवीर था।
दुश्मनों की फौज के लिए वह,
मौत का फरमान था।
हिंदू सामाज्य खड़ा करना,
उनका एक अरमान था।
लेकर तलवार वह निकला जंग में,
मराठ वीर जवान था।
माँ भवानी का दिया वरदान,
शिवाजी राजे नाम था।



कैडेट चोवाटिया
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ક્ષિતિજ પરાગ ધંધાણીયા
(૬૨૩૮)
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મસ્તીથી થતું નુકસાન

એક શહેરમાં રોહી અને ગૌરવ તેમના મમ્પી પખ્યા સાથે રહેતા હતા. તે દિવસભર મસ્તી કરતા હતા. તેઓ મસ્તી કરતા ત્યારે એ ધ્યાન ન રાખતા કે તેમની મસ્તીથી ડોઈને નુકસાન તો નથી થતું ને. તેમના ઘરે એક માણસ આવ્યો અને પૂછ્યું: “તમારા પખ્યા ક્યાં છે? મારે એમને મળયું છે.” ગૌરવ કહે: “આ ઘરમાં મારા પખ્યા છે.” પછી તેઓ પાછા મસ્તી કરવા લાગે છે. એક દિવસ તેમના મમ્પી-પખ્યા ક્યાંક જવાના હતા. તેમણે બાળકોને કહ્યું: “અમે મામાના ઘરે જઈએ છે. તમારું ધ્યાન રાખજો અને આવીએ ત્યાં સુધી તમારું લેશન પૂર્ણ કરી લેજો. રમત-ગમતમાં કાંઈ ગડબડ ના કરતા.” આમ કહી મમ્પી-પખ્યા બહારગામ ગયા. બંનેએ લેશન પૂર્ણ કરી લીધ્યું. પછી તો બંને રમવા લાગ્યા. રમતા-રમતા બોલ બારીની બહાર જતો રહ્યો. ગૌરવે કહ્યું: “રોહી તે બોલ કેમ ન પકડયો?” રોહી બોલી: “ભાઈ મે બહું કોશેશ કરી હતી પણ બોલ ઝડપમાં હતો તો પકડી ના શકી.” હા, ઠીક છે પણ હવે આપણે કેવી રીતે રમીશું? બંને એ વિચાર કરી કાગળના બોલે રમવા નક્કી કર્યું

અને પછી તો કાગળનો બોલ બનાવ્યો. તે પણ બારી બહાર જતો રહ્યો. ફરી મસ્તીમાં ને મસ્તીમાં તેમની નોટબુકમાંથી પણ પેઈજ કાપી તેમનો પણ બોલ બનાવી દીધો.

અઠવાડિયા પછી તેમની પરીક્ષા નજીક આવી ત્યારે તેમના મમ્પીએ કહ્યું: “ગૌરવ રોહી પોતાની બેગ લઈ અહીં આવો. આજથી હું તમને ભાગ્યાવીશ. કાલથી તમારી પરીક્ષા ચાલું થાય છે.” આમ કહી મમ્પીએ ગૌરવને બુક બતાવવા કહ્યું. ગૌરવે પોતાની બુક મમ્પીને આપી. મમ્પીએ બુક ખોલી જોયું તો બુકમાંથી અડધા પેઈજ ગાયબ. તેમણે ગૌરવને પૂછ્યું: “પેઈજ ક્યાં ગયા?” ત્યારે ગૌરવને યાદ આવ્યું કે કાગળના બોલ બનાવવાની મસ્તીમાં આપણી બુકના પેઈજ ફાટી ગયા. પછી તો બંને રડવા લાગ્યા અને મમ્પીને કહ્યું: “સોરી, મસ્તી અને રમતમાં બુકના પેઈજ અમારાથી ફાટી ગયા.” મમ્પીએ ફરી આવી મસ્તી ન કરવા સૂચન કર્યું અને કહ્યું કે “પરીક્ષા સમયે બુકનું કેટલું મહત્વ છે તે હવે તમને ખબર પડશે.”

HOW TO CONTROL STRESS

Will I get good marks? How can I solve this trouble at once? How shall I complete my targets? What to do to get good result? Why can't I work so nicely nowadays? And many more endless questions. Do you know what do they indicate? Can you say their one word answer? Well the answer is STRESS, the more discussed word for each and every field for our duties and tasks. What is Stress? The answers are many.



Cdt Vishwaraj Basiya, 6313
Class : VII

I tell you my ways to deal it.
We can control it by understanding the ‘real’
worries by sharing our worries etc.
Yoga is the best solution to prevent it.
Meditate and practice Asanas regularly.
Lead a simple life.
Eat healthy food.
Drink more and more water.
Admire the beauty of life and nature.
Maintain the work schedule.
Stay positive.





કેદેટ રૂઢ દેલવાડિયા (૬૧૦૫)
૮-૫, ગરુડ સદન

આત્મવિશ્વાસ અને દૃઢતા

એક સુખી પરિવાર હતો. તેમાં મુકેશભાઈ, તેમના પત્ની નિતાબેન, તેમના બાળકો કેશવ અને રજીવ તથા મુકેશભાઈના પિતા શ્યાજીભાઈ રહેતા હતા, તેઓ બહુ શ્રીમંતુ હતા તેમને કોઈ વસ્તુની કમી જ ન હતી. બધું સારુ હતું. બધા સુખી હતા.

અચાનક એકવાર એક બિમારી આવી ગઈ. આ બિમારીએ આખી દુનિયા બંધ કરાવી અને તેના કારણે ઘણા બધા માણસો મરી ગયા. આ બિમારી જીવલેણ હતી. તેનું નામ કોવિડ-19 હતું. આ બિમારી બહુ અતરણાક હોવાથી આપણા દેશમાં લોકડાઉન પણ થયું. જેથી ઘણા પરિવારને આધિક રીતે નુકસાન થયું અને આખો દિવસ ઘરમાં જ રહેનાશી ઘણાને શારીરિક-માનસિક તકલિક પણ થવા માંડી. આવા સમયમાં મુકેશભાઈ જેવા

શ્રીમંતુ પરિવારે બેરોજગાર બની ગયેલા પરિવારોને ઘણી બધી મદદ કરી, ક્યારેક તો તેમની સાથે તેમના બાળકો અને પત્ની પણ ગરીબોને મદદ કરવા સાથે જ હતા. મુકેશભાઈના કામની સમાચારપત્રોએ પણ નોંધ લીધી.

આવામાં એક દિવસ મુકેશભાઈને કંઈક થવા માંગ્યું, તેમનાથી થાસ નહોતો લેવાતો. મુકેશભાઈને તરત જ એક સારી હૈસ્પિટલમાં દાખલ કરવામાં આવ્યા. ત્યાં અખર પડી કે તેમને કોવિડ-19 થયો છે. તરજ જ તેમના પરિવારજનોને બોલાવવામાં આવ્યા, ડૉક્ટરએ ટ્રીટમેન્ટ ચાલું કરી દીધી. બધા લોકો ભગવાનને પ્રાર્થના કરવા લાગ્યા.

આવી ગંભીર પરિસ્થિતિમાં સૌથી વધુ ધ્યાન તો મુકેશભાઈને આપવાનું હતું.

તેમણે આત્મવિશ્વાસ સાથે દૃઢતા રાખવી ખુબ જરૂરી હતી. સાથે જ મુકેશભાઈ પણ આત્મવિશ્વાસ સાથે દઢ બની ગયા. આખરે બધાની સેવાની કરનાર મુકેશભાઈના પરિવારજનોની પ્રાર્થના ભગવાને સાંભળી અને મુકેશભાઈ થોડાક જ દિવસો પછી સાજ થઈ ગયા.

આ વાત પરથી આપણે બોધ લઈ શકીએ કે આપણે હંમેશા બીજાની મદદ કરવા જોઈએ અને આત્મવિશ્વાસ સાથે દૃઢતા રાખવી જોઈએ. તો ભગવાન પણ આપણું બલું કરશે.



કેદેટ ધ્યેય નાગપરા (૬૨૫૬)
૭-૫, ચાંગ્રે સદન

નમૃતા

એક જંગલમાં થઈને વહેતી નદીને કાંઠે દેવદારનું એક મોટું અને ઊંચું આડ હતું. એની બાજુમાં જ નેતરના નાના છોડ ઉગેલા હતા. દેવદારને પોતાની ઊંચાઈ અને વિશાળતાનું અભિમાન હતું. ગમે તેવા પવનની સામે પણ એ ટદ્દર બીલું રહેતું. નમવાનું એના સ્વભાવમાં ન હતું. નેતરના છોડ નાના અને નરમ હતા. પવન કે પાણી સૌને એ નમીને રહેતા.

એક દિવસ પવનનું જબરુ તોફાન આવ્યું. પ્રચંડ વાવાઝોડા સાથે મૂશળધાર વરસાદ પડ્યો. દેવદારના આડને તો અભિયાન હતું કે મને કોઈ નમાવી ન શકે. એ પવનના વાવાઝોડા સાથે અક્ષક અને ટદ્દર રહેવા ગયું. ત્યાં પવનનો એવો જોરદાર સપાટો લાગ્યો કે તે મૂળમાંથી ઉખડી પડ્યું અને નદીના ધસમસતા પ્રવાહમાં તણાવવા લાગ્યું. દેવદારે તણાતા-તણાતા જોયું તો આવા પવનમાં પણ નેતર સલામત હતું. દેવદારે નેતરને પૂછ્યું: “હું આવું બળવાન છિતાં આ તોફાનમાં ટક્કર ન જીતી શક્યું તે તું કેવી રીતે ટકી શક્યું?”

નેતરે કહ્યું: “ભાઈ અમે નમવામાં માનનારા, પવન જે દીશા તરફ વાયો તે દિશા તરફ અમે નાયા. અમે ટકી શક્યા અમારી નમૃતાને લીધે.”



આદર્શ વિદ્યાર્થી

કેટે આમિન
કાનપરિયા(૫૨૮૯)
૭-અ, આંગ્રે સદન.

વિદ્યાર્થી એટલે વિદ્યાનો અર્થી જેનો મુખ્ય ઉદ્દેશ જ્ઞાન મેળવવાનો હોય તેને વિદ્યાર્થી કહેવાય. અધ્યાસ, ઈતર પ્રવૃત્તિઓ તેમજ વાણી અને વર્તનની દ્રષ્ટિએ વખાણવા લાયક વિદ્યાર્થીને જ આદર્શ વિદ્યાર્થીનું બિરૂદ્ધ મળી શકે. આદર્શ વિદ્યાર્થી પોતાના વર્ગમાં નિયમિત હાજરી આપે છે, જ્યારે શિક્ષક ભણાવી રશ્યાં હોય ત્યારે તે એકચિંતે ભણતો હોય છે. તે પોતાને ન સમજાય તે મુદ્દો વિનય પૂર્વક કિશકને પૂર્ણ લે છે. શાળમાંથી આપવામાં આવતું ઘરકામ તે નિયમિત પણે અને ચોક્કસાઈ પૂર્વક કરે છે. આદર્શ વિદ્યાર્થીની એકાગ્રતા પાર્થ-અર્જુન જીવી અને જુઝાસા એકલબ્ય જીવી હોય છે.

આદર્શ વિદ્યાર્થી ઈતર પ્રવૃત્તિઓમાં પણ રસપૂર્વક ભાગ લે છે. એ રમતગમતમાં ખેલાદિતી પૂર્વક ભાગ લે છે. સાથે સાથે તે ચિત્રકામ, સંગીત અને નાટક જીવી પ્રવૃત્તિઓમાં પણ ઉત્સાહથી ભાગ લે છે. આદર્શ વિદ્યાર્થી તેની દરેક પ્રવૃત્તિ રસ પૂર્વક અને ઉત્સાહ પૂર્વક કરે છે. ‘કામને વખતે



કામ અને રમતને વખતે રમત્યે. એજ તેનો જીવનમંત્ર હોય છે. આદર્શ વિદ્યાર્થીનું ચરિત્ર પણ આદર્શ હોય છે. તેની વાણી અને વર્તનમાં વિશેષ અને વિનય જલકે છે. આદર્શ વિદ્યાર્થી પોતાની આવડતનું અભિમાન નથી રાખતો, વળી તેનામાં દયા, પ્રેમ, સહનશિલતા અને હિંમત જેવા સંદગ્યો પણ હોય છે. બીજા વિદ્યાર્થીઓને મદદરૂપ થવા તે હંમેશા તત્પર રહે છે. અપંગ અને અસહાય લોકો પ્રત્યે તેના મનમાં અપાર હમદર્દી હોય છે.

તેને ઈતર વાંચનો પણ શોખ હોય છે. વખતો વખત દૈનિક પેપર, સામયિકી, વાર્તા, કવિતા, નવલકથાના પુસ્તકો તેમજ મહાપુરુષોના જીવનચરિત્રોના પુસ્તકોનું વાંચન કરે છે. વાંચનને લીધે તેને દેશ અને દુનિયાના બનાવોની માહિતી મળતી રહે છે.

‘સાદું જીવન, ઉચ્ચ વિચાર’ એ આદર્શ વિદ્યાર્થીના જીવનનો આદર્શ છે. નઠારી સોબત, ગમે તેવું વાંચન, વ્યસન અને નિંદાની પ્રવૃત્તિથી તો એ સદા દૂર જ રહે છે.

જિંદગી



કુમાર
અભિ
કે.ક
અનુકૂમાર-૫૮૦૭
કશ્ય-ગ્રાહકી
પ્રાપ્ત રસદા

જિંદગી કે સફર મેં સુખ, દુઃખ, હાર, જીત, પ્યાર, ધૂણ સફલતા, અસફલતા ઔર ભી બહુત કુછ આતે જાતે રહેતે હું. યદિ જિંદગી મેં દુઃખ નહીં તો સુખ કા આનંદ ભી હમ નહીં પાસ કરતો. એસે સમય ભી હોતે હું જેવ હમ જિંદગી મેં કુછ ઘટનાઓ કો લેકર ખુશ હોતે હું તથા એસે અવસરોનો બહુત ઉત્સાહ કે સાથ મળતો હું. લેકિન હમેં યાં નહીં ભૂલના ચાહિએ કે જિંદગી હમેં સમય પર બીજ ન બોએ તો ફલ નહીં દેગા। ઇસલિએ સફલતા પાને કે લિએ પ્રયાસ કરતે રહના ચાહિએ। બિના પ્રયાસ કે હમ જિંદગી મેં કુછ ભી હાસિલ નહીં કર સકતો। જિંદગી કા સફર હમેશા આસાન નહીં હોતા હૈ ઇસલિએ હમેં હર સમય સકારાત્મક રહના ચાહિએ। જિસ પ્રકાર પતઙ્ગાં કે મૌસમ મેં પેડોને કે પત્તે બિસ્ક્ર જાતે હું, ફિર ધીરે-ધીરે ફિર સે ઉસ પેડો પર ના પત્તે નિકલને લગતે હું. હમારી જિંદગી ભી કુછ એસી હૈ। કમ્ભી નીચે તો કમ્ભી હમ શિશ્ય ચઢ જાતે હું। ઇસ જિંદગી રૂપી રંગમંચ પર સભી અપણા સ્લેલ દિખાતે હું। કુછ લોગ ઇસ જિંદગી રૂપી ખેલ મેં હાર જાતે હું ઔર કુછ જીત જાતે હું। લેકિન ઇસ હાર કે ઘુંટું કો પીકર હી હમેં જીત હાસિલ હોગી। ક્યોંકિ હમ સભી ઇસ બાત કો જાનતે હું કે અસફલતા હી સફલતા કી પહલી સીધી હૈ। અત: જિંદગી સે નિરાશ નહીં હોના ચાહિએ।

જિંદગી કી ઉમ્મ બહુત છોટી હોતી હૈ। અપણે લિએ તો સભી જીતે હું, ઇસલિએ હમેં જગ મેં કુછ એસા કરના ચાહિએ જિસસે લોગોને કે દિલોને મેં અપણી જગહ બના પાએ। યાં કટિન જરૂર હૈ પર અસંભવ નહીં। હમેં પેડોને ઔર નદીઓની તરહ અપણી જિંદગી કો જીના ચાહિએ। કવિ રહીમ ને કહા હૈ- ‘તરલવર ફલ નહીં આત હૈ, સરવર પિયત ન પાન।’ કહિ રહીમ પરકાજ હિત, સંપત્તિ સંચહિ સુજાન।’

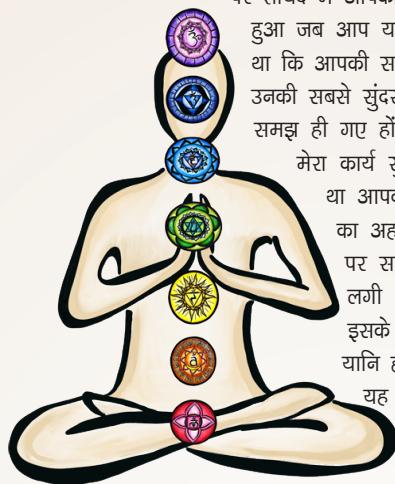
હમેં લોભ, મોહ કો ત્યાગ કર પરોપકાર કરના ચાહિએ। ચારોં ઓર નિર્ખાર્ય પ્રેમ ઔર ખુશિયાં લુટાના ચાહિએ। ઇસી કા નામ જિંદગી હૈ।



अंतरात्मा



कैप्टेन अमित रोशन
अनुक्रमांक-5677
कक्षा-बारहवीं
आंग्श सदन



नमस्कार! मैं आपकी अंतरात्मा बोल रही हूँ वैसे तो हर छोटा प्राणी मुझसे भलीभाँति परिचित हैं पर शायद मैं आपको याद नहीं, इसलिए मेरा परिचय अनिवार्य हो जाता है। मेरा जन्म तब हुआ जब आप यानि मनुष्य धरती पर उत्पन्न होने जा रहा था। पर ईश्वर को यह डर था कि आपकी समझ और मन आपको छल न दे। उन्हें यह चिंता सताने लगी कि कहीं उनकी सबसे सुंदर रचना उनकी सबसे बड़ी गलती न बन जाए। और अब तक तो आप समझ ही गए होंगे कि इसी डर व चिंता फलस्वरूप मेरा जन्म हुआ था।

मेरा कार्य सुनने में बड़ा मामूली पर सही मायने में बड़ा कठिन था। मेरा कार्य था आपको सही व गलत में फर्क सिखाना, आपको गलत करने पर पश्चाताप का अहसास कराना। शुरुआत में तो यह कार्य बहुत सरल जान पड़ता था पर समय बीतने पर मुझ पर छल, जलन, लालसा इत्यादि की धूल जमने लगी जिसके कारण मेरी आवाज को अनसुना करना शुरू कर दिया और इसके फलस्वरूप अब वही हो रहा है जो ईश्वर को डर था। आज हमारा यानि हम सबका अपने मन, चेतना एवं शरीर पर नियंत्रण बिगड़-सा गया है। यह बहुत ही अभाग्यपूर्ण है कि आज आप की आत्मा नहीं बल्कि आपकी महत्वाकांक्षा आपके जीवन पर भारी हो चुकी है। पर मैं यहाँ आपको डराने नहीं आई हूँ। बल्कि मैं तो आपको यह युश्यबरी देने आई हूँ कि अभी भी देर नहीं हुई है बस ज़रूरत है तो आरम से वक्त लेकर सोचने की, लालची मन को शांत करने की और सबसे खास एक नई शुरुआत की जो आपको मुझ तक पहुँचा दे।

मंजिल एक रास्ते अनेक



एक थे बापू, एक थे बेताजी सुभाष जिनके विचारों ने हलचल मचा दी एक ने कहा- ‘अहिंसा परमोधर्मः’ दूजा बोला स्वराज्य पाकर लेंगे दम। एक करता आंदोलन सारी, दूजा करता फौज भारी। दोनों ने देखा एक ही सपना, पर ढंग था दोनों का अपना-अपना। मंजिल एक रास्ते अलग,

न रुके पहुँचे फलक। बापू बोले- ‘तुम वीरों में वीर’ तो बेताजी बोले- ‘तुम पिता राष्ट्र के’ एक कहे ‘अहिंसा मेरा धर्म’ दूजा कहे ‘राष्ट्र-सेवा मेरा कर्म’ देशप्रेम था जिनका गीत, मुश्किलों को माना जिन्होंने मीत, गए देश-देश पाने जीत, बनाई देशप्रेम की जिन्होंने नई रीत। न था स्वार्थ, न कोई इच्छा, रहते तैयार देने को परीक्षा, एक ने कर आंदोलन, अंग्रेजों को छकाया। दूजे ने फौज बना कर, भय दिखाया।

प्रकृति की पहली ध्वनि ‘ऊँ’ है। मेरी हिंदी भाषा भी इसी ‘ऊँ’ की देन है। इसकी लिपि देवनागरी है, बांग्ला, गुजराती, भोजपुरी, पंजाबी, मराठी और भी कई भाषाओं की जननी हिंदी ही है। जिस प्रकार प्रकृति की हर चीज अपने में संपूर्ण है उसी तरह मेरी हिंदी भाषा भी अपने में संपूर्ण है। हिंदी भाषा की विशेषता यह है कि हम जैसा बोलते हैं वैसा ही लिखते हैं। इसलिए यह पूर्णतया वैज्ञानिक है। हिंदी भाषा के माध्यम से ही हम अपने मन के भावों को सहजता से दूसरे के समक्ष प्रकट कर पाते हैं। हिंदी ही हमारी पहचान है फिर उसे अपनाने में क्यों करता है। लेकिन कुछ लोगों की सोच ऐसी है कि इस मातृभाषा को बदल डालने के लिए कहते हैं। क्या हम अपनी माता को बदल सकते हैं? ‘नहीं’ तो फिर मातृभाषा को क्यों बदलें। हम ऐसी सुंदर, सरल भाषा का तिरस्कार करें? अगर बदलना ही है तो अपनी सोच को बदलो। हर एक भाषा का अपना महत्व है, उसकी अपनी पहचान है, अतः हमें हर भाषा का सम्मान करना चाहिए।

हिंदी भाषा



नाम-कैप्टेन कुणाल कुमार
अनुक्रमांक-6336
कक्षा-सातवीं
शिवाजी सदन



कैप्टेन सूर्यकांत
अनुक्रमांक-5851
कक्षा-न्यारहवीं
प्रताप सदन



Cadet's life: Full of Challenges

A cadet's life is full of unending efforts & challenges. There is always competition in class or a house for being first. The student needs study very much to get promoted especially during Board exams in 10th and 12th. If any student fails in exam he loses his motivation which is most important thing during exams in the life of a cadet.



Cdt Amber Nayan
6401, Class VI

For example Me, My hands got red during this vacation. The reason was my vacation homework and I didn't have any practice for writing even around 50 to 20 words in my homework. It is common in my school. Another example is my sister, her name is Prachi rai and she is IX standard. She gets 4 pdf of 2 to 15 pages everyday. If her teacher explains 1 page of textbook she gets 2 pages of question answer related to that single page. Her perseverance is so much that she writes till her pdf's are not completed. While I am writing this article she is doing her history pdf and her hand is red. After completing our schooling from our schools we need to maintain our perseverance during preparation for career options such as NDA, civil services or during higher studies as we tend to get failure to get success. For me it is the moment till I accomplish my dream destination i.e.NDA. For me as a cadet it is to strive and come out with flying colors of accomplishment in my all assignments given by my mentors. For me it is doing excellent despite of hurdles. I am a constant and committed. My perseverance keeps a cadet motivated.

Hence, perseverance i.e will power to never surrender is main ingredient to our life which keeps us motivation in every situation of our life.

PERSEVERANCE

Perseverance is the ability to keep doing something in spite of obstacles. People who persevere show steadfastness in doing something despite how hard it is or how long it takes to reach the goal. It is a very important character trait for you to be successful in life. It means determination at working hard, to insist and to be firm on getting something done and not giving up.

In life we will not always have things going our way all the time, sometimes we will fail at completing a task or getting what we want. However, by persevering and sticking to the task we will eventually overcome and be successful. For example, if Thomas Edison, the American Inventor, who invented the Electric Bulb, had given up the first time he failed; maybe this marvelous invention might not have been a possibility as early as 1879.

Change has a funny habit of teaching you much about yourself; it goes to the centre of your own



weaknesses and strengths. We fight, we struggle and we make progress day by day. It's not easy, but there's value in what we are trying to achieve. The problem is, we tend to lose steam as time passes. We start to falter in our devotion to a project and we arrive at a cross-roads where we consider giving up. This happens for a few reasons. Success, despite the popular belief, is not a one-way path or a straight line.

For any endeavor that you may start, always remember why you started and use that to fuel your determination and perseverance to finish it. Whether it ends in victory or defeat, the simple act of trying, of not giving up is what makes our work worthwhile.

The question is always, "How much do you truly want your dream and do you have the courage to pursue it?"



Mehrosh Siddiqui
6441 Class : XII-B



THE PASSING OUT BATCH 2020-21



Aataman Sabhya
6039



Aayush Dobariya
5756



Aditya Sosa
6040



Ajay Kumar Karmur
5760



Cdt. Hemant Singh
5709



Aman Kumar
5670



Amit Raushan
5677



Anand Parmar
5653



Ashish Kumar
5743



Aswini Kumar
5731



Ayush Shrivastava
6041



Bhoopendra Kumar
5711



Brijesh Pate
I5710



Chintan Lakhannotra
5665



Chirag Bhenjaliya
5870



Deepu Anand
5735



Devang Bhargav
6044



Divya Patel
5717



Fuzail Khan
5701



Gaurav Dafda
5684



Harsh Langaliya
6045



THE PASSING OUT BATCH 2020-21



Hemal Srimali
5686



Hiren Chovatiya
5536



Jenil Savaliya
5683



Keyur Bhalala
5714



Kirvil Ladola
5727



Krushnapalsinh Vala
5742



Kuldeep Yadav
5661



Lakhlan Mevada
5706



Lalan Kumar
5680



Mayank Rathwa
5737



Mayur Goradiya
5685



Meet Boda
5662



Mohit Jobanputra
5750



Nevil Hapaliya
5651



Nirmal Nanera
5744



Paras Bhalala
5715



Parth
5668



Parth Gadhada
5656



Prabhash Kumar Singh
5674



Praveen Kumar
5671



THE PASSING OUT BATCH 2020-21



Prince Chovatiya
5726



Prince Raj
5679



Priyanshu Kumar
5681



Radhe Raman Kumar
5669



Rakesh Ranjan Kumar
5694



Ranveer Nandan
5676



Ravit Bavaliya
5664



Sachin Meena
6042



Sahil Bodar
5704



Sahil Parmar
5754



Satish Kumar
5682



Shudhanshu Kumar
5675



Sonu Kumar
5713



Subrata Kumar Pradhan
6065



Vishal Raj
5678



Yash Patel
5652

Joined
our fraternity



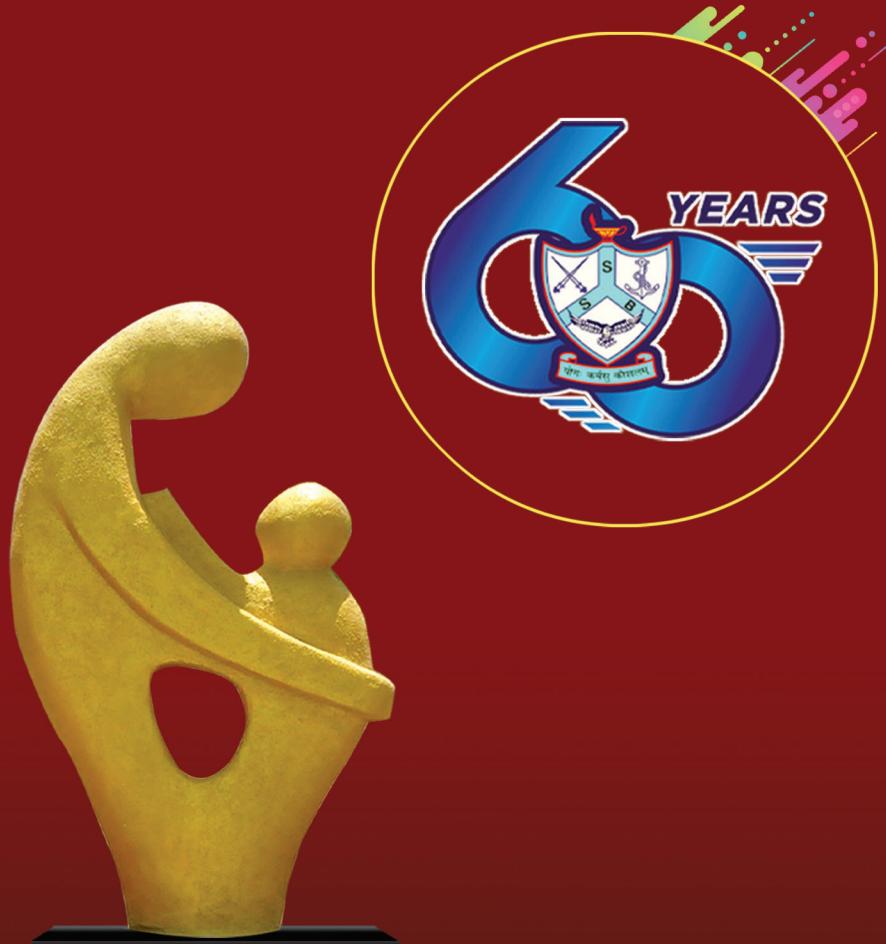
Mrs. Priya Sonagra

joined our school on 15th Feb 2021 as
TGT Mathematics. She has completed

MSc Mathematics from University of Pune.
She is married and having a son.







STATUE OF GENEROSITY

ALMA MATER - A GENEROUS MOTHER, IS A PROVIDER AND NOURISHER, WE REALISE THIS WHEN WE GROW OLDER... WE LONG FOR ITS LAP WHEN IT IS NOT THERE.... ENJOY THE WARMTH TODAY SO THAT IT LINGERS IN OUR PERSONALITY FOREVER

Celebration of 60 diamond years...

Celebration of achievements and hopes...

Celebration of endurance and perseverance...

We are the proud inheritors and flag bearers of a wonderful tradition of being a host of benevolence and epitome of wisdom and learning...

Sainik School Balachadi is celebrating its diamond jubilee in 2021-22...



SAIDESHAK

THE JOURNAL OF SAINIK SCHOOL BALACHADI



Sainik School Balachadi (Ministry of Defence)

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